A fishy business!

There has been a certain amount of media attention over the last few weeks, following the campaign of trespass on land belonging to Lakeside Land.

Mr Hamid Pardis owns the North Lake itself, but Lakeside Land owns the land surrounding the lake apart from a small area around the jetty which is owned by Mr Pardis. The land owned by Lakeside Land extends a considerable way back from the waterline.

Lakeside Land acquired the lower lake and the area surrounding the north lake in its actions to prevent the conversion of the restaurant and skiing complex into a nightclub in 1994. Lakeside Land leased the fishing rights on the lower lake to Watermead Piscatorials, a reputable local syndicate which had originally paid to stock the lakes with fish, but was thrown off the north lake by the receivers to Slopes and Sails when it went bankrupt in 1993, (it crashed after getting into a dispute with residents over jetskis, which were and remain unlawful on both lakes as a breach of the Environmental Protection Act. Additionally neither lake has planning permission for powered water-sports).

Turfgreet Ltd (the nightclub developer) bought the North Lake, ski lodge and associated land from the Slopes and Sails receivers in 1994 and leased the north lake to Captain's Cabin Ltd. In 1997, Lakeside Land agreed with Captain's Cabin Ltd that its fishing syndicate would use Lakeside's land for a nominal annual fee of £250. There was much discussion in the Lakeside Board about the figure, with Michael Shrimpton arguing for a more realistic sum. £250 was agreed in the interests of good

relations with Captain's Cabin Ltd, in the hope that the disputes of the past could be laid to rest. Captain's Cabin accepted that fishermen could not fish from Lakeside's land without its permission. The annual fee was never paid and eventually, after repeated promises to pay had gone unfulfilled, Lakeside Land refused to renew the agreement for the year starting 1st October 2000.

In 2000 Mr Pardis bought the North Lake, Ski Slope and Ski Lodge and took over from Captain's Cabin Ltd in October of that year. Mr Pardis requested and was granted a 1 month extension until 1st November.

No agreement with Mr Pardis was reached and fishermen started to trespass. Violence to Directors was threatened on a number of occasions and used for the first time on 2nd September, when a series of assaults was carried out on a Director and equipment belonging to the company was seized and destroyed.

This followed the destruction of boundary posts belonging to Lakeside Land, a matter which is now in the hands of the Police.

The boundaries had been disputed by Mr Pardis, but his claims to the land were rejected by an independent surveyor instructed by Lakeside Land's solicitors, who not only confirmed that the shoreline apart from the area around the jetty belonged to Lakeside Land, but that an extension to the Riviera Restaurant (the decking) had been constructed on the company's land.

Fishermen are using Lakeside's land illegally, notwithstanding permission from Mr Pardis to fish the lake, if they enter onto Lakeside's land without permission. People are sometimes

confused by the fact that part of the land is open to the walking public, but public access to land does not include the right to fish, or pitch tents, or park caravans, or inject yourself with illegal substances (all of which activities have been undertaken on Lakeside's land, illegally). Unfortunately, some of the fishermen have been attracted to the facilities by adverts placed in the national angling press.

Lakeside Land is continuing to negotiate with Mr Pardis and hopes for a speedy resolution, preferably one that allows the well-managed Piscatorials syndicate to fish both lakes, paying a reasonable fee both to Lakeside and Mr Pardis. Lakeside Land does not dispute Mr Pardis' right to regulate such land as he owns, including the shallow island, from which fishing is possible at normal water levels.

If you see fishing left of the jetty (as you look across the lake) or right of the temporary jetty made of scaffolding poles, save for the island, please report it to a Lakeside Land Director, who will initiate company procedures for calling in uniformed security.

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Watermead Alpha

PLUS OUR REGULAR FEATURES:

Chairman's View Wildlife Watch Watermead & Weedon's WI

If you have any interesting stories /articles for inclusion in the next edition please contact a member of the editorial board.

Details inside.

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Chairman's View

by Michael Shrimpton - Chairman of Lakeside Land Ltd

Michael Shrimpton appearing on BBC Newsnight (By kind permission of the BBC)

Ours is a small corner of the world, but still part of it. A number of residents will have been affected by the atrocities committed against the United States. One Washington based journal I had been assisting lost two people on Flight AA77, the 757 that hit the Pentagon, which I visited only two months ago and where I have friends. I cannot believe that I will never again drive across New York without seeing her skyline dominated by the beautiful towers of the World Trade Center. My last sight of them remains a haunting memory. To any who have lost friends or loved ones I extend my deepest sympathy.

By the time you read this we may be at war. We will see this thing through to the end with our great friend and ally, America. I was invited to Winfield House, home of the American Ambassador, for this year's 4th July celebration. Glyn Davies, the very able Minister (and most senior career diplomat) described the relationship between the UK and the USA as the closest between any two countries on earth. Little did anyone of us present know how soon it would be before the great Alliance would once again be put to the test in defence of its core values of liberty, freedom and the Rule of Law. God Bless America.

We have all been inspired by the courage of New York's police and fire fighters. If you wish to support the Mayor's fund for the families of the valiant dead you may do so by sending cheques to

the Twin Tower Fund, General Post Office, PO Box 26999, New York, NY 10087-6999.

The Board has ordered that the Union Flag and the Stars and Stripes be hung in the Village Hall. They will remain until the final victory.

I have visited the American Embassy to pay my respects and sign the Book of Condolence.

Turning from world to local events, there has been needless confusion in the media and elsewhere, between Watermead Parish Council and Lakeside Land, which is your community company, owned and controlled by residents. Without exception non-resident shareholders have a close connection with Watermead or used to live here. Class A voting shares can only be held by residents.

The company was formed to protect Watermead from a dangerous nightclub development, buying up the land on which the club was to be built. To prevent inappropriate development it acquired the recreational land and the lower lake. The alternative was for the land to be sold by to the highest bidder.

The winding down of the old Watermead Village Residents' Association and transfer of its responsibilities to Lakeside Land was taken by overwhelming majority vote at a well-attended public meeting on 25th April 1996. The company derived its democratic legitimacy from that

vote, as well as the number of residents owning shares.

Membership of the company was effectively open to everyone, the minimum shareholding being just £25.

The company maintained the land and has represented the community. It has influenced the debate on Weedon Hill, putting a lot of effort into protecting Watermead's position, appearing at the Public Inquiry, retaining experts and lobbying councillors, keeping you informed through the View.

The Board supported the creation of the Council. Indeed I doubt it would have come about at all but for the dedicated efforts of Mary Singleton, a Director. I regard the present arrangements as transitional only.

The company and the Parish Council are separate, but each serves the community. It makes sense for there to be one body, and both the Board and the Parish Council favour in principle the gradual transfer of assets and responsibilities to the Parish. This process is already under way. The Community Forum has been wound up and events planning (including the Carol Concert) has been transferred.

Transferring the land requires agreement. The shareholders, who dug into their pockets when others didn't, are entitled to reasonable compensation. Any agreement will have to be ratified by them.

Land ownership brings with it responsibility and this leads me to the campaign of trespass around the Main Lake. The company owns all the best land to fish from. Some fishermen have decided to grab those rights for free, without any restriction on fishing, even though Watermead is a residential area and residents are entitled to expect some privacy, including strict limitations on overnight camping. Not all trespassing fishermen are violent or abusive, but only a minority will leave when asked to comply with the law. The majority of trespassers respond with abuse, accompanied in some cases by threats of violence and the brandishing of weapons. In recent weeks trespassers have become more aggressive and actual violence was used on Sunday 2nd September.

Faced with threats of violence and assaults on Directors the Board has turned enforcement over to professionals and in accordance with its legal right (indeed duty) to protect shareholders' assets has engaged a reputable security company. Some, possibly unaware of the assaults and the criminal damage to company property, thought this over the top, but they would not think so if they had to listen to the abuse and threats coming from trespassers determined to flout the law and prepared to use violence to achieve their unlawful purpose.

One Councillor was confused as to how fishermen could trespass on unfenced land. The short answer is that some activities (such as walking your dog) are permitted and others (such as camping) are not. That is how we were able to exclude the gypsies. In law permission to one is not permission to all and

permission for one purpose is not permission for every purpose. One resident asked a good question at the Parish Council on 20th September - 'is the Council prepared to defend the land as effectively as Lakeside Land?' When faced with people prepared to use violence you either uphold the law, acting within it at all times, or back down. If you back down you encourage further trespass and send out a signal that all a trespasser has to do to get away with it is to be abusive or threaten violence, or assault anyone why tries to protect the land.

For the avoidance of doubt the Board has been legally advised that it may retain fishing equipment brought onto its land for an unlawful purpose, provided that the trespasser has been given a reasonable opportunity to leave the land and remove his equipment.

The Board prefers a negotiated solution, but it takes two-to-

tango and until security officers were brought in the lake owner showed little interest in negotiation.

I have been asked by the Police to canvass interest from residents in the Special Constabulary and I would encourage residents who are interested to contact either myself, or Sgt. Upton at Aylesbury Police Station. I would also be interested in hearing from anyone who might be interested in a voluntary park service, to help bailiff the lakes, look after wildlife etc, and to work with with the Police and other agencies.

This may be the last View, before it goes municipal. The Parish Council offers exciting new opportunities for Watermead and I am proud to have been elected as its first Chairman. Equally I am proud of the achievements of Lakeside Land Ltd.

God Speed to our Armed Forces and America's as they go into action.

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Parish Council News

Four council meetings have taken place since the first one in June. What's been happening so far?

- The clinics before the meetings have been well attended by Watermead residents. Anybody can come to clinics. They start at 7.45pm. You can stay for the meetings, which start at 8.00pm, and join in the question and answer sessions at the end of the meeting. The council meets on the third Thursday of each month.
- Officials from the AVDC and County
 Councillor Andy Huxley have come to talk to
 us. It is important that your parish council
 knows what is coming up, so that it can
 contribute opinions on new developments at the
 right time. The time scales for comments are
 always very tight.
- Other representatives from AVDC and BCC will attend our meetings in the future, particularly to discuss planning issues. Details will be posted on our new notice board and all are welcome to attend our meetings.
- A Parish Clerk has been appointed but due to personal circumstances he was not able to start work straight away. At the time of writing it is hoped he will be in post by 1st October. Details of the appointment in the next issue.
- Two new councillors have been co-opted to fill the vacancies (personal details on page 6), so the council now has its full complement of nine members.
- Parish councillor training for all the new parish councillors took place on 8th September with presentations on Planning and 'What is Best Value' from BCC; 'What a parish clerk does' from the Amersham town clerk; 'How to run the Parish Council meeting' from the Bucks Association of Local Councils. Useful contact was made with the councillors from Coldharbour (Fairford Leys) and Aylesbury Town. Each group is facing very different problems as they get going.
- People leading the sub-groups have started work. Their first actions are to draw up plans for discussion by the full council

PLANNING GROUP

The first request for our opinion on the Nurserytime plans came just two days before the AVDC planning meeting, though the planning application had been available since May. The Parish Council is not allowed to

comment on certain aspects of the proposal, for example loss of view or effect on property values.

Concern was expressed about the additional traffic that would be generated, expected to be around 40 cars a day. We all know how busy the spine road is in the morning, so we discussed ways we can minimise the effects of the new development. Perhaps build a lay-by?

The building will come very close to the lake footpath; something a bit smaller might be less obtrusive and make more screening possible. Remember that Lakeside Land bought the unbuilt areas to conserve the unique environment. Will the development damage this area?

The design is rather out of character with Watermead style. It is a round building, the same length as the current building. This is thought to get the most space with the least visibility, but is a copper roof in keeping with the buildings around? Nurserytime say that so far there has been no response to their application and it is thought that this may be related to the problems AVDC are having in making planning approval charges according to the amount of extra traffic that will be generated.

A task for the future is to draw up planning guidelines for new developments on Watermead to help with our comments on planning requests. These will spell out how we can work to preserve the character of our village. Adherence to these guidelines will be required from all who seek to build or extend

MAJOR DEVELOPMENT AREA

properties.

As many of you will have read in the press, the land on the other side of the A413, called Weedon Hill, is to become the site for 850 new houses, two schools, shops, some industry and a lot of people. It will have access from our side on the A413 and also the A41. Of course there will be a major effect on the traffic on the A413 and there will be little compensating gains for those who live on Watermead.

Whilst it is far too late to protest at the development plans or even to modify them, we can make sure that any harmful effects are minimised. For example our roundabout and

the one by the Horse and Jockey will probably be replaced by traffic lights. How these will be positioned has not yet been decided and we will have an input there It is possible that an A41 to A413 link road may be built and that too will affect traffic.

The other traffic development that will affect us is the Aston Clinton bypass, construction of which is starting now. The traffic will rejoin the A41 by the Post House Hotel and may well mean even more cars entering Aylesbury by the ring road. Whilst there is a planned £50 million spend on transport, not all is on roads. No full ring road is planned just link roads joining up sections on the outskirts. No doubt we all approve of public transport in theory but we don't actually get a lot of it coming round here.

You may have other ideas on areas where we can influence the Weedon Hill and other developments. Feed those ideas into the system and help your council make the best representations.

TRAFFIC CALMING

Numerous suggestions are being made to stop cars on the spine road travelling so fast. The usual bumps and chicanes do nothing for our cars and cost a lot to erect. The council is looking into the possibility of various alternatives but surely the best solution is

better discipline from all our residents and their visitors.

THERE IS A 30MPH SPEED LIMIT ON ALL ROADS IN WATERMEAD. PLEASE DO NOT BREAK IT.

Another traffic problem is parking on the main roads - Ayleswater, Water Meadow, Lark Vale, Avocet Way, Kestrel Way etc. There is one section of Ayleswater where parking on a bend by up to 20 cars completely cuts visibility, so that oncoming cars cannot see each other. It is only a matter of time before an accident happens. When parking is on both sides of the road, delivery vans can't get by. In any case this is illegal, as we must leave a clear route for fire engines.

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Parish Social News

Plans for the Christmas Carol Concert are well under way. It will be held in the Piazza at 6 pm on Saturday 21st
December 2001. I would like to hear from anyone who has links with a singing group or from people who would like to form a small 'choir'. Volunteers for helping issue carol sheets, control children and serve mulled wine are very welcome.

We had a poor response to our advert for a Parish Clerk but were lucky that Victor Janulaitis read the last issue of the 'Village View' while visiting the nursing home in Watermead. Victor will take up his post on 1st October and we are sure he will do a wonderful job for us.

As a Director of Lakeside Land Ltd and a Parish Councillor I see it as my duty to help with the smooth transition of what was the Residents Association's functions to the Parish Council. This will probably take some weeks, if not months, to sort out and I would ask you to be patient while this is done.

The volunteers' social evening I promised has had to be postponed but we will endeavour to do it soon. One of the problems has been the lack of a notice board, which was vandalised. The new one has been erected and we will be able to communicate better when it is in place. Dot Toler, Marcia Lang and I are working together as a social subcommittee of the Parish Council and we would welcome any Watermead resident who is interested in helping organise events to join us. We also welcome any ideas on how Watermead might celebrate the Queen's Golden Jubilee on 3rd June 2002.

You can either telephone or email me: marysingleton@watermead.org.uk. MARY SINGLETON

The Parish Council is entitled to appoint one person to serve as a member on the Governing Body of the Elmhurst Infant and Junior School. If you would be interested in being our representative please contact Sandra Landy on 337330

A Full Complement

Two new councillors have been co-opted to fill the vacancies so the council now has its full complement of nine members. Welcome aboard Margaret and Sandra.

MARGARET GARDINER

Margaret is Training Manager and Personal Assistant to the Board for an international Employee Assistance Provider, based near Chequers. She is also responsible for developing and managing the network of Chartered Psychologists used in providing EAP services.

Previously, Margaret taught decoupage, interior design and computing to students of all ages. Prior to teaching, Margaret had several careers including financial services, leisure, and job evaluation, however she still found time to bring up three sons, all of whom are now grown up and pursuing their own careers.



When Margaret moved to Watermead she fell in love with its lovely lakes and landscapes. It is this love for the beautiful environment that she and her husband live in that prompted her to join the Parish Council after attending the inaugural meeting.

Margaret is anxious that the Council focuses on the key issues - security, vandalism, safety, maintaining the fabric and beauty of the area - and involving the entire community as

much as possible. If the Council is to gain respect in the community it must be seen to concentrate on things which really matter to people living in Watermead.

SANDRA LANDY

For most of her life Sandra taught Computing and Information Systems at the University of Brighton. Eventually, finding the administration required of a department leader less than exciting, she took early retirement.

Sandra has always been a keen bridge player and has played in the British women's team which has had great success, twice winning the World Championship and many other titles. Sandra's teaching background, experience in project management plus Bridge prowess

cause the English Bridge Union to offer her the job of developing a national teaching scheme for the game.

The EBU is based in Aylesbury, which is why four years ago Sandra came to live on Watermead, bringing her husband but leaving behind her two children and two grandchildren. Now retired from the EBU, Sandra can give more time to local matters, including the Parish Council and writing for the 'Village View'.



Can you spare a few hours?

Autumn 'Work-In' on Saturday 20th October 2001

We have had a really good season this year in spite of the New Age Travellers rubbish. Work still goes on clearing the tree loppings they left behind and we hope to finish it by the time we meet for the next 'Work-In'. Most of the domestic rubbish,

17 sacks of it, has been moved to the tip on Rabans Lane including well-filled disposable nappies.

The aim this 'Work-In' is to get the surrounds of the Little Lake cleared and tidy. The next item will be the area to the North of the Big Lake, which could do with some attention. I hope

that we can make it look rather more like it was intended in the original plan, only without the lighting that was vandalised so soon after its installation.

Most people are still very proud to show their visitors around our village and we want to

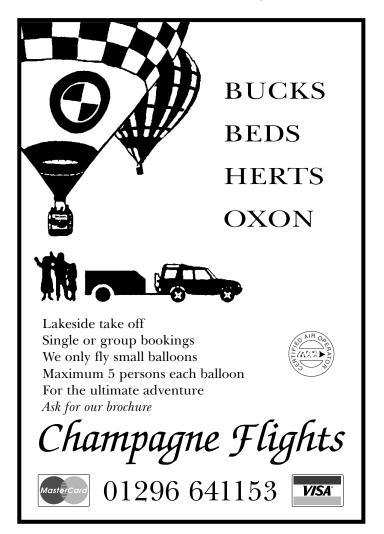
keep it that way. It is such a pity that vandals continue to make such a terrible mess of the security gate and the transmission block on the other side of the spine road.

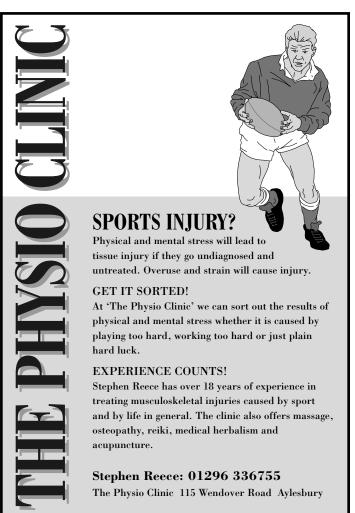
As usual we will meet in the Village Hall on Saturday 20th October 2001 at 9am. Please bring any tools you may have including wheelbarrows. We have a selection of power tools, litter pickers, plastic bags and hand tools but yours will also help out. Thick gardening gloves may well be useful and lets hope there will be no need for wellies - better have them ready though, just in case!

We aim to break for a snack lunch in the Village Hall some time about 12:30pm and those who feel there is still some energy in the frame may continue until their spirits flag.

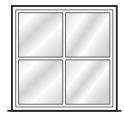
As always we hope to see you all at the 'Work-In' and don't forget, everybody is most welcome. - THE MAINTENANCE TEAM

PS There are still vacancies so why not join The Team.





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Hi Folks!,

Well, here we are again, 'falling leaves time...' and Winter just around the corner.

Unfortunately, I have to relay some sad news regarding our family of swans, Henry and Duchess did not have any offspring this year but George, Lady and their three cygnets were doing fine. I have no idea what happened, but heard that the cygnets were missing and Lady was found in a distressed state. Both she and George were taken to St. Tiggywinkles as they were covered in what

Grey Lag Goose

was thought to be diesel. They were returned to Watermead after treatment. There was no sign of the cygnets.

I'm sure I speak for all

Ringed Teal

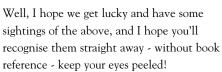
of us when I say how much we appreciate the help of St. Tiggs. They also rescued some ducklings from a storm drain.

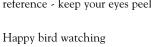
On a lighter note, the bird population has grown. You only have to visit the Piazza to witness the ever-growing number of ducks, coots, moorhen, grebes, not to mention

the odd visitor's dropping in. This time of year, apart from the hundreds of geese heading south, we usually get our fair share of the rarer breeds, as with Mystery, the Black Swan, who paid us a memorable visit last century. The Bewicks Swan also caused

quite a stir, as did a variety of geese - Snow Geese, Barnacle Geese and Bar Headed Geese. Then we have the ornamental waterfowl, always a delight to see.

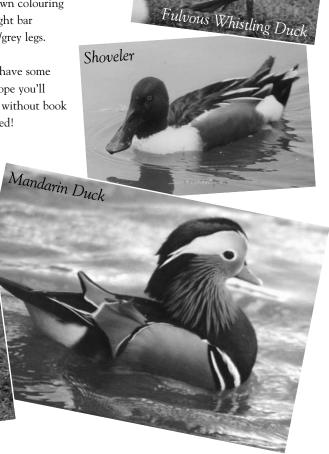
Sadly you will not see the glorious colouring of these birds in the photographs on these pages, so I will give a brief description. The Tufted duck is black and white, so that's easy and he has a thin black tuft on his head which always reminds me of a typical toy duck, a real little cutie! Then there is the magnificent and cheeky Mandarin - the male is said to be the most beautiful of all wildfowl. I could not possibly do him justice on paper, so will let you discover him for yourself you'll know him when you see him. Then the Pochards, with their chestnut heads, grey back, black breast & rear, which visit in great numbers, as do the Wigeon, famous for their whistle, handsome looking chaps with rich chestnut heads, a gold band across the crown, grey body with soft pink breast, black wing tips and tail. Next, the Ringed Teal, a real sweetie, with spotted (pinkish) chest, grey/brown and bold black marking on head, chestnut back, black and white rear, with red legs and feet. Onto the Shoveler, very striking which has a long flat bill, bottle green head and neck, black back with chestnut underneath and white breast. Now, a grand duck with a grand sounding name - the Fulvous Whistling Duck, and he's very attractive with rich orange/brown colouring dark brown upper body with light bar markings and he has long blue/grey legs.





Linda Jones





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A Recent Report on Travellers

by Paula Daly - Watermead's Health Visitor

A recent (2001) Joseph Rowntree Foundation report on social security, social exclusion and travellers highlights the problems of 'forced mobility', created by the Criminal Justice and Public Order Act of 1994. The Act relieved local authorities of statutory duties to provide legal sites. Since then there have been 49 council site closures, leaving a total of 320 in the whole of England.

Research published by the Children's Society showed that 75% of new travellers had either been homeless, or had some other 'push' factor. Many had family problems in their background, such as early pregnancies, and periods in squats. It can be a hard physical life, but these people enjoy the caring nature of the lifestyle. It is a fact that they tend to attract people with mental health problems, as a group, they are more accepting than most communities.

The study proved the majority of travellers were not carefree hippies, dole scroungers or tax evaders, but more often families who were trying, sometimes desperately, to earn a living. The 'System' does not recognize a home that moves. The inflexibility in the Benefits and Health Bureaucracies creates huge problems for travellers who sometimes have periods without any income.

As there is insufficient provision of permanent and temporary legal sites for travellers, they cannot access and sustain conventional work. Health care provision and education for the children are inevitably a big problem.

It is understandable that when uninvited travellers invade your space, depositing rubbish, the local community feels annoyed. Should we not be encouraging our Local Authorities to provide more sites, with better facilities for people who wish to follow an alternative lifestyle?

In the light of recent events abroad, could we not be showing more compassion and understanding to our fellow human beings.

Watermead Mother and Toddlers Group

Calling all expectant mums and parents/carers with babies or toddlers.

Is your child bored of playing with the same old toys day in day out?

Do you long to get out of the house and enjoy some adult company for a change?

Why not visit Watermead s Mothers and Toddlers Group at the Village Hall on Fridays from 10.00 am till 12.00 noon.

We are a group of parents who get together for an informal but structured programme of play for our children and a chance to meet other mums

The session starts with free play using a large variety of quality toys and a programme of activities such as potato printing, flower making and collages. We also have a baby corner, which includes bouncy chairs, activity play gyms and other baby toys.

After a break for refreshments, we all join together for a singing session where the children (and mums) can show off their musical talents with a selection of musical instruments.

You can enjoy all this in a relaxed and friendly atmosphere for just £1.50 per adult with one child.

Still not sure? Why not come to one session free of charge and let us know what you think? Please ring Melanie Simpson (Group leader) on 01296 424097 for more details.

What is the 'SOZO Clinic'?

In the Christmas and Easter issues of 'Village View', there were articles from Dr Hugh Cox at the Sozo Clinic. You may have wondered what this clinic did. In your walks along Ayleswater you may have seen the brass plate on the house at the corner of the crescent. What can this be? Can we really have a world famous establishment in Watermead?

Dr Cox qualified in medicine in 1951. He became a consultant in general medicine in Lancashire but found aspects of the health service unsatisfactory, so moved to research in the pharmaceutical industry. This gave him a broad experience of many illnesses from all round the world and the different ways they are treated. Our methods of drug treatment often only suppress the symptoms; they don't address the underlying causes.

He became interested in the food we eat as a cause of illness. One of the first he looked at was cow's milk. This was only introduced into the Western diet by the British 450 years ago when a cure was needed to counteract the widespread occurrence of rickets. Dr Cox realised that cow's milk was designed to feed young calves and that doesn't necessarily make it suitable for humans. Today many people suffer from the effect of milk in their diet and it is a cause of many common illnesses.

Dr Cox worked to test patients for their reaction to foods. He worked in High Wycombe, where he offered patients the choice of traditional methods or his own treatments. Gradually more people took up what he had to offer, so that by the time he reached retirement age his prescription bill was the lowest in the English National Health service, whilst his success rate was amongst the highest.

His work has been widely published throughout the world and in 1979 he and Richard Mackarness formed the Allergy Society, leading to many invitations to lecture abroad. When he retired Dr Cox moved to one of the newly built houses in Watermead and opened the 'Sozo Clinic'. Sozo is the Greek for 'Healing and Salvation' and clearly in the twelve years it has been running it has been just that.

Patients come with a wide range of ailments from this country and all over the world, with arthritis, heart disease, chest problems, cancer etc. What they get is an initial two-hour consultation, during which tests are made for many types of allergy and mineral deficiency. Blood analysis can be conducted and tests performed for electro-magnetic reaction to strip lights, computers and battery watches. Most people have some type of reaction, which may depress their immune system. After the tests a personal programme is worked out. This may be a change in diet but certain treatments are also available - for oxygen deficiency caused by pollution, chelation for heart disease and defurring of arteries by intravenous drip therapy. The patients are rechecked every month or two to confirm the improvement. No drugs are used.

You may wonder how people find Dr Cox in this little corner of England. It's mostly word of mouth and referrals, but people also hear of the clinic from articles published in journals. A lady in Carolina read about him whilst at her dentist and came straight over here for treatment. A couple in New Zealand rang to ask if he would treat their daughter for sleeping sickness because all else had failed. They brought her over and six weeks later all symptoms had gone. As this writer talked to Dr Cox, a patient arrived who had spent many unsuccessful days in the Mayo Clinic. Many cancer patients have found great relief and remission in the dietary changes proposed.

If you want to find out more contact receptionist Shirley on 01296 399317.



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What's on at the Watermead Village Hall

JUDY WALSH SCHOOL OF DANCING

Mondays: 7.30 ~ 9.30pm

Childrens Dance

Wednesdays: 3-6 years 4.30 ~ 5pm

Beginners 5 ~ 5.45pm

Advanced 5.45pm ~ 6.30pm

Contact: Judy 482818

IRISH DANCING

Every Wednesday except second Wednesday

of each month: 7.00 ~ 8.00pm

Contact: Edwina McGill 01908 374273

YOGA

Every Tuesday 6.30 ~ 7.30pm and 7.30 ~ 8.30pm

Contact: Gail Smith 747900

PARISH COUNCIL

Third Thursday of the Month Surgery 7.45pm, Meeting 8.00pm

AYLESBURY & DISTRICT PHILATELIC

Second Wednesday of the month

7.30 ~ 10pm

Contact: Keith Johnson 435571

WATERMEAD & WEEDON WOMEN'S INSTITUTE

First Thursday of the month

7.30 ~ 9.30pm

Contact: Bridget Gibbard 420938

WATERMEAD CYGNETS PLAYGROUP

Monday ~ Thursday 9.15 ~ 11.45am

Contact: Dot Toler 432405

MOTHER & TODDLERS

Wednesday 2 ~ 4pm Friday 10am ~ 12noon

Contact: Melanie Simpson 424097







Lakeside Care Centre is a well appointed Nursing Home situated adjacent to the lake on Watermead.

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For further information please contact Marlyn MacDougall, General Manager on 01296 393166

Traffic & appearance are No.1 concerns.....

We had 14 responses to last issue's survey and, of those, 10 suggested that traffic management should be on the new Parish Council's action list. And what a panoply of roadrelated issues were mentioned everything from installing bollards on the spine road to prevent traveller infestation, to the erection of 'No Through Road' signs to put-off sight-seers! Of greatest concern, however, is parking on the spine road. Suggested remedies include establishing a ClearWay and imposing fines, building laybys, and discouraging Aylesbury United fans from venturing in. Parking on Redwing and Ayleswater (the 'slalom run') was also mentioned as potentially causing accidents and making life difficult for the bin service. Might Fire Engines also have difficulty getting down these roads in an emergency? Spine road speeding is another prominent issue. Even a Watermead TVR owner thinks we should put in speed limit reminder signs. Another widely held view is that some pedestrian crossings and midroad refuges should be installed. To round up this set of motoring concerns a Gull Wayer voiced considerable annoyance at the number of driving schools who use the road for students to practice backing round corners and three point turns. Apparently they are almost queuing up to use the facilities.

Keeping the estate looking good is another issue which half of the respondents think the Parish Council should focus on. Initiatives that people would like to see include reducing the prominence of estate agent boards, planting hedging around the bins on the car park, ensuring that landlords maintain their communal grassed areas, sorting out the Guardhouse at Watermead's entrance, and installing cable to eliminate unsightly Sky dishes. On this latter point, we should bear in mind the experience of one Watermead couple who "previously lived in another part of Aylesbury where cable TV was installed, and the damage to roads, paths, and private drives and gardens is totally unacceptable." Having said this, rumour has it that the ducting to take the cable is already in place in

Watermead so such damage should not occur. We could do with this verifying - though if its true I can't understand why Watermead hasn't been cabled up long ago...

While we're on the subject of TV, let me pass on some more bits of information about reception problems that people have provided since the last issue. One household in Pintail has two boosters installed with a loft aerial but still gets a poor Channel 5 picture and variable reception for BBC2. Another on Winchat couldn't get Channel 5 or BBC2 then installed a booster and they now get good reception. Finally, a house in Kestrel Way had problems with BBC1 for 18 months, only to discover that the next door neighbour's booster had been fitted incorrectly. Is there a pattern here? Well maybe. But that's not much help to the people in Turnstone Way who currently get perfect TV pictures, but who are about to move across the estate and are anxious about what viewing conditions will be like in their new house

If the Parish Council hasn't got enough to keep itself busy, there were a few other suggestions for them to look into. The provision of amenities such as play areas and post offices, chemists, green grocers and bakers was mentioned; as was representing Watermead's best interests in the local planning process. While doing all this good stuff, it was pointed out that the Parish Council should reserve just a little energy for communicating effectively with residents so that we are all kept aware of Watermead-related events, projects, planning proposals and, oh yes, Parish Council meeting dates so that we can come and rattle their cages occasionally!

If you have any ideas for topics for future surveys please let me know. We will be giving a bottle of wine away to the person who's suggested topic is adopted for a future issue. We are also looking for humourous Xmas-related stories and jokes for the next issue. Please send them to Paul Wilson - 8 Mallard Close Tel: 488066. paulwilson@watermead.org.uk

Detailed survey responses:

A: Are you pleased that Watermead has its own Parish Council?

14 Yes 0 No

B: Would you like the Parish Council to campaign for the introduction of cable TV in Watermead?

8 Yes 6 No

C: Are there any actions you would like the Parish Council to take? 11 Yes 3 No

Comments and/or suggestions were provided on 12 of the 14 responses.



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Friday 9am - 7pm

Saturday 8.30am - 4pm

Watermead & Weedon Women's Institute

Our July meeting which was a mystery evening, started by meeting in the car park at Watermead. All the members were given instructions how to get to Ashendon Village Hall, where we were going to have supper prepared by the ladies of Ashendon Institute. Upon our arrival at the Village Hall, we were greeted by our hostesses, and all overwhelmed by the beautifully laid tables. A lot of thought and time had gone into making this a lovely evening. Once we had opened our wine and chatted, we were served our supper, which consisted of ham salad and new potatoes, followed by home-made trifle and fruit pie. It was absolutely delicious, and several ladies couldn't resist second helpings!!!!. After coffee we had a competition, which consisted of inserting the correct words into a story, the only catch being all the words had to be names of cars. We all had to think very carefully and it certainly led to lots of laughter when the president read out the correct answers. To round off the evening the President then read a short poem about a dog called 'SEX' it made everyone roar with laughter and was a great finish to a superb evening. We thanked our Hostess Institute and drove home.

For our August meeting we held our Annual Quiz, which was once again prepared by Carol. Before the quiz began, we had a cheese and wine supper (we do like to include food in our meetings!!!!!!). After eight rounds of the quiz we were all mentally challenged and relieved to hear the answers. The winning team was once again led by Shirley and the President presented the team with the Silver Platter. We rounded the evening off by finishing the wonderful supper.

In September we were given a talk by Joan Messenger about her Trekking in Nepal, and she showed us some wonderful slides of her treks. We were all surprised to see such beautiful flowers growing in mountains and marvelled at the views of Everest. All the members were very worried when shown slides of one of the bridges you had to cross in order to climb Everest - it really didn't look very safe!!!. Joan assured us that it was OK, and lots of famous people had crossed it and survived. We were also amazed by how much baggage the Nepalese men could carry on their backs up the mountain. In fact everything required for a trek has to be carried on a mans back, or by Mule!!!.

On October 4th, Mrs Page entertain us with a Song and Dance display in the Old Time variety style. Our November 1st meeting is the AGM. All are welcome and it is followed by more good food.

We have had several new ladies join us in the last few months and would love to meet more new ladies. If you don't yet know anyone on Watermead or the surrounding area come along and join us, we are very friendly, and you will be made very welcome. We meet on the first Thursday of the month at 7.30pm in the Village Hall at Watermead.

Come and visit us and see for yourself what fun we have.

Bridget - 2 420938 or Carol - 2 425896

We look forward to meeting you.



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Residents	Non residents
1/4 page - £20	1/4 page - £35
1/2 page - £35	1/2 page - £70
full page - £70	full page - £140

DISTRIBUTED TO AROUND 1200 HOMES

Please arrange advertisements at least 3 weeks prior to publication date and send to the Advertising Manager (see above). For bulk adverts or long term contracts, prices are open to negotiation. Publication dates are subject to change depending on local events at time of publication. If you have any suggestions for content/articles please contact any member above.

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Lakeside Land Ltd is the Watermead community company representing the interests and views of the Watermead community as a whole. To this end we have included the published mission statement below to underline that commitment.

LAKESIDE LAND LTD MISSION STATEMENT

It is the mission of Lakeside Land Ltd to: • Represent the interests of the whole village as Watermead's Community Company • Encourage positive development in keeping with the unique character of Watermead • Provide a forum for community involvement and feedback • Support and encourage local enterprise • Protect and enhance Watermead's natural environment • Manage the company's assets efficiently and maximise revenue for the benefit of the community

*NB: Nothing in the above shall conflict or take precedence over the Memorandum and Articles of Association of the company



Watermead Alpha

What's involved?

The Alpha course consists of a series of talks looking at topics such as 'Who is Jesus?' and 'Why and how do I pray?'.

There is a meal together at the beginning of each session which gives you an opportunity to get to know each other.

After each talk we divide into small groups for a time of discussion.

Listen, learn, discuss and discover. And ask anything. Alpha is a place where no question is too simple or too hostile.

Who is Alpha for?

Alpha is for everyone, especially those wanting to investigate Christianity, New Christians, Newcomers to the church and those who want to brush up on the basics.

What will it cost?

There is no charge for the Alpha course, although you may be asked to make a donation towards food.

What do I do next?

We are considering running an Alpha course in Watermead and would like to know who might be interested in attending. If you might be interested in attending please contact David Taylor on: 01296 395585 or email: davidtaylor@ringwood.com

The Alpha course: An opportunity to explore the meaning of life

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