



Village View

THE WATERMEAD VILLAGE NEWSLETTER

Spring 2014

August 2014 is the 100th anniversary of World War I. The Parish Council want to mark the occasion in the first week of September. Plans are being formulated so please get in touch with Noreen Shardlow if you have any ideas or can help. Tel: 641423 noreen.shardlow@watermead-pc.gov.uk

Annual Parish Meeting - 7.30 to 8pm
in the Village Hall on Thursday 15th May.

Gemstone Midnight Walk Saturday
12th July with a very special silver twist!
See page 19.

Great British Fish and Chip Supper –
Friday 16th May 2014. See page 12.

Would you like to join our
vibrant team of volunteers
in the production of this award
winning village newsletter?
Turn to page 17 for more details.

twitter: @watermead pc
www.watermead-pc.gov.uk

Inspired design & print



If you look good, we look good

We believe that print should be vibrant and beautiful, giving you the opportunity to stand out.

Whatever your print requirements, we can help. And we'd like to.

Pick up the old 'dog & bone' **01525 384893**

Email on **info@egp.uk.com**

Have a look at our website **www.egp.uk.com**

Eagle Graphics [Printers] Ltd
Unit 1 Firbank Court | Leighton Buzzard | Beds | LU7 4YJ | t 01525 384893 | f 01525 852045 | e info@egp.uk.com
www.egp.uk.com

Watermead dental centre



- Independent dental care
- NHS care for children
- Very competitive rates

Denplan
Registered

New residents to
Watermead are
warmly welcome.

We offer quality care
at affordable prices.

Telephone: 01296 330700

The Village Piazza, Watermead HP19 0FX

Lythan Davies BDS LLM and Associates

Opening hours: Tuesday to Thursday 9.00am – 8.00pm
Monday & Friday 9.00am – 4.30pm,
Saturday 10.00am – 12.30pm (by appointment)

Dental excellence in the centre of your village

For NEW customers
£10 off
1 voucher per customer

For NEW customers
£10 off
1 voucher per customer



Chairman:
Cllr Sue Severn
336575
sue.severn@
watermead-pc.gov.uk



Vice Chairman
Cllr Adrian Schwab
338118
adrian.schwab@
watermead-pc.gov.uk



Cllr Pam Stocks
432045
pam.stocks@
talk21.com



Cllr Helen Cook
399749
watermead@
helencook.co.uk



Cllr Mary Singleton
428569
mary.singleton@
watermead-pc.gov.uk



Cllr Colette O'Brien
423673
colette.obrien@
watermead-pc.gov.uk



Cllr Phil Bennison
07835 063227
philip.bennison@
watermead-pc.gov.uk



**Parish Clerk and
Halls Manager**
Noreen Shardlow
641423
noreen.shardlow@
watermead-pc.gov.uk



Assistant Parish Clerk:
Michelle Jackson
481554
michelle.jackson@
watermead-pc.gov.uk

Parish Chairman's View

Welcome to our spring edition of **Village View**. The weather is not spring-like but we can but hope that things will improve. It seems that we have had nothing but rain since Christmas. Compared with other areas we have been very fortunate.

Since Christmas we seem to have been inundated with water from the sky, covering the ground, the fields around us and, as I write, poor Devon and Cornwall are cut off from the rest of the country due to floods. Our hearts go out to those affected; what a terrible start to the year. The flooding only underlines the worry that indiscriminate building on and by flood plains cannot have helped this situation. We have, in the past, asked the Environment Agency to dredge the Thame and consider widening it across the road by Buckingham Park but there were no funds apparently at the time – a great shame and a decision that is proving exceedingly expensive.

Watermead has never suffered actual flood in properties. This year it has come very close and each year when we have a lot of rain, snow or water run-off it increases the possibility of flooding within Watermead. We are in touch with the local authorities, Thames Water and Environment Agency. **The main reason for our objection to the proposal by Hallam Land to build on land to the east of Watermead is based on flood risk.** We now have the backing of our MP, David Lidington, who has written to the District Council head of planning, copied to the Secretary of State, that this is his major worry, along with the threat of losing our community's identity. Fundamentally we are all saying the same thing in terms of planning objections. What has happened to 'localism' we wonder?

You can see a copy of David's letter at **www.watermead-pc.gov.uk** where you can also see all the latest news from Watermead. **The new website is now fully operational and is proving a great source of information and news.** Cllr Helen Cook has worked very hard indeed to design and build the website and the PC office team is able to maintain it very easily. Hany Girgis is kindly continuing to host the website for us for which we thank him very much. The website is also the place where you can have your say. If you would like to advertise a local service or charity event just let Noreen Shardlow know (noreen.shardlow@watermead-pc.gov.uk).

Please make sure you have let us know what you think about the Dog Control Orders. We have had a big response with views divided. I am a committed dog lover and, as many of you will know, we lost our much loved dog, Sally, aged 21, last year. Despite this I sympathise with residents who have told us that they are nervous around

dogs which are allowed to run free and are not under complete control. Having a dog jump up at you is disconcerting for the elderly, children and those who are less than steady on their feet. As always we must find a solution that suits all and we will do our best to do so. You may be rest assured that councillors will vote on the matter to reflect the views expressed by parishioners. We hope that we will be able to achieve a sensible compromise between dogs being able to run free under control and those owners who visit Watermead and do not stop their dogs from running at people and other dogs, and who do not pick up their dog waste and put it in a bin. The issue will be on the Parish Council agenda for our March meeting. Do please let us know what you want and come to the public session to talk to us in person.

The biggest threat to our community remains, of course, **the proposal from Hallam Land to build more than 1500 properties to the east of us right up to the boundary with no space.** The 'Save Watermead Village' group achieved a stunning 460+ letters to AVDC copied to the Secretary of State. We remain absolutely determined to stop this appeal. To this end Pam Stocks, Sue Severn and Noreen Shardlow are working hard to co-ordinate the collection of expert evidence, support from local agencies and our neighbours to prepare for the long fight ahead of us. The Group grows almost daily and it is terrific to see the community working well together.

August 2014 is the 100th anniversary of the outbreak of World War I. The Parish Council has decided that we should mark the occasion in the first week of September. Plans are being formulated so please get in touch with Noreen Shardlow ▶

(cont on page 6)

In this issue:

How good are you at waiting?	05
The view from Westminster	08
Avanti hairdressers has a new owner	11
Can you hold a Fish & Chip Supper evening?	12
Update on street lighting	12
Ever wondered how to make a cupcake?	14
Report from Netta Glover	15
Water water everywhere	15
Goodbye to our assistant Heather Wallace	17
Vacancy for a new Editorial Assistant	
Florence Nightingale Hospice 5th walk date	19
Mix 96 Street of the Week	20
Race for life	20
Dung Beetles	23

PLUS OUR REGULAR FEATURES:

Parish Chairman's view	03 & 06
Tea break quiz	05
Watermead and Weedon WI	16
What's on	17
Watermead Garden Society	18
'Eat the World'	21
Pets' Corner	22
Aylesbury Neighbourhood Update	25
Watermead Cygnets Pre-school	26

◀ (from page 3) if you have any ideas, would like anything specific, or could donate some time to help. We envisage a day with fair, stalls and some vintage aspects with entertainment in the evening. This will be open to all. Income will be earned to pay for the day by selling stall space, a catering outlet and bar plus the fairground commission, which is a model successfully used before.

The planting of memorial trees has been delayed due to the weather conditions. We hope the bulbs planted in the community garden will survive the wet conditions which, along with those planted along the spine road, should soon be appearing. If you have any spare plants or would like to donate bulbs we will plant them with pleasure for enjoyment by all. The Jubilee Tree will be replaced when planting conditions improve and Councillor Netta Glover has offered us £500 to help replace trees which have been damaged by the high winds and recent floods. Thank you Netta, as they will be enjoyed by everyone who walks around the lakes.

It just remains for me to remind you to look out for communications from the 'Save Watermead Village' group. Information is also placed on the website as soon as it is available. We have a short question and answer with David Lidington in this issue. If you have any questions you would like to ask him do please let us know and we hope to be

able to persuade him to write for us again.

We enjoyed our usual Christmas celebrations which included a Craft Fair earlier in December followed by the Carol Concert the week after. Once more, we had a sell-out fair with all stalls taken by the middle of October.

Our band of local craftspeople offered an interesting and attractive selection of craft goods for sale from Peter the Potter with his unique hand-made pottery to Mr and Mrs Richardson with their exquisite Christmas decorations and amazingly detailed dolls clothes. Irina produced yet more lovely things and we were treated to hand made cards, books, delicious preserves and jams and some really unique art and cupcakes. We also had charity stalls in aid of The Pepper Foundation, Alzheimer's Society and CHAT which sold a range of quality second-hand items and vintage jewellery. Catering was provided by Dot Toler who did a brisk trade throughout the day. Noreen and Graham did a great job of decorating the hall and organising everything. Profits from the sale of tables will be used to purchase more Christmas lights to decorate the Piazza next year.

The Carol Concert was terrific. We were lucky with the weather and Father Christmas found us without any problems. The event was well attended by many children and it was a

pleasure to see so many of you. The children enjoyed Reverend Mark Ackford's Christmas story which was told in an engaging way and involved many sweets being grabbed by eager children. Everyone was in excellent voice to join Thame Concert Band with their cheerful rendition of the carols. Mulled wine and delicious mince pies and sausage rolls were on offer throughout the evening. Once more grateful thanks to Dot for organising this and to Mary for the lovely mince pies and for arranging the evening. We all love it and it started off the Christmas holiday in the usual Watermead way. We also raised £200 for Children Health & Therapy our designated charity based in Aylesbury. Thank you all very much on behalf of CHAT.

We have our Annual Parish Meeting from 7.30 to 8 pm in the Village Hall on Thursday 15th May 2014. I will be reporting on the activities of the Parish Council over the past year. There will be an opportunity for Watermead residents to ask questions or make comment if they wish. Please come along and meet your Parish Councillors.

Here's hoping that Easter proves to be drier than the current conditions. Our very best wishes to everyone in Watermead.

Cllr Sue Severn



Marcia Lang and Joanna Cripps raised money for The Pepper Foundation by selling second-hand items and bric-a-brac.
Delicious cakes made by Joanna Bobbin.



Cllr Mary Singleton - 'Name the Bear' raised £55 for CHAT. The lucky winner was Holly Miller.
Beth Woodford sold homemade knitted scarves and delicious jams and chutneys.



Thanks to Graham Severn who organised the Christmas Craft Fair.
Stalls overflowed outside onto the Piazza.



Music for carol concert provided by Thame Concert Band.

David Lidington, MP for Aylesbury, answers some questions for Watermead in the first of a series of articles. If you have any burning questions you would like David to answer email: noreen.shardlow@watermead-pc.gov.uk

Do you support the Parish Council's efforts to oppose the East of Watermead planning application?

Yes I do and I have written a letter of objection to Aylesbury Vale District Council to set out my reasons in detail.

I'm not against all new housing. I know from my constituency mailbox that young people really struggle to afford a home. Social changes have added to the demand for housing: as more people live longer and many couples split up, there are more separate households for any given level of population. Then we have to add in the pull-factor of economic dynamism in the South East and the impact of migration in the 'nineties and early 2000s (and whether we agreed or disagreed with previous immigration policies, people who settled lawfully are entitled to be here). For all these reasons, Britain, including Buckinghamshire, is going to need more homes.

But, I also want us to get the location, scale and design of new development right. That includes looking at things like the need for new business development to provide jobs, at road and rail capacity, schools, GP services and recreational facilities. It means too looking at the impact a new housing proposal would have on established communities.

Having read Hallam Land's plans for East of Watermead, I think that they are badly flawed.

The land in question is part of the natural flood plain of the River Thame. We all know that there are some roads in Watermead that are already at some risk of flooding and that the lake and the areas of meadow that surround the village are an essential (and environmentally friendly) element of flood defence. The exceptionally heavy rain and widespread flooding of the last few weeks (including flooding of homes in Aylesbury) has reinforced my view that it would be foolish to permit more building on the Thame flood plain.

I also agree with the Parish Council that the village character of Watermead would be at risk if the proposed development were to go ahead. Nor, in my view, does the planning application offer an adequate answer to the obvious questions about the likely impact on the local road system.

I shall continue to keep in touch with the Parish Council about this issue

What are your views on the UK's current position within the European Union?

In one sentence: I think that it is in our national interest to be in the European Union but that the EU needs serious reform to make it more competitive, democratic and flexible than it is today.

There are two main reasons why successive British governments have concluded that, despite the EU's faults, we are better off in than out. One is economic. The EU is the largest single market in the world with one set of common rules for business instead of 28 different sets of national rules. Our companies can sell freely across the whole EU – and we attract a lot of inward investment (companies like Nissan and Toyota) in part because we are a gateway for them into that huge single European market. Britain actually gets a bigger share of non-EU business investment into Europe than any of our partners.

When I talk to UK business – whether it's the car-makers, the engineering employers, London's financial services chiefs or the Scotch Whisky Association – they tell me that they want to make Europe less bureaucratic but don't want to pull out.

It's true that some countries like Norway are in the Single Market but not the EU. The trouble is, that means they have to implement all the Single Market rules and pay into the EU budget without having any say or vote in those decisions.

The second reason is political. While I wouldn't support Britain giving up our right to set our own foreign and defence policies, the truth is that we can often have more influence in the world when we can persuade all EU countries to work and speak together. It can be a means of amplifying our own voice in global affairs. One example is the sanctions programme against Iran's nuclear weapons programme. The EU position reflected British priorities and because 28 countries were committed, the sanctions were much more effective than if we had acted on our own – and they were important in persuading Iran to negotiate.

But the EU also needs reform. The rise of Asia and Latin America means we have to improve our competitiveness sharply. That needs to include a deeper Single Market in things like services, energy, digital and transport; cuts in the cost and complexity of regulations on business; and more free trade deals with other countries, like those done since 2010 with Korea, Singapore and Canada.

Reforms need to go further than just economic matters. Right across Europe, people feel that Brussels is too remote and unaccountable. So I want to see a stronger role for national governments and national parliaments in taking EU decisions.

It adds up to a pretty ambitious agenda for change – but one I think is right not just for this country but for Europe as a whole. And what gives me encouragement are things like the first-ever EU budget cut and the fisheries reforms to ban discarding – both agreed last year.

What are your views on the changes proposed by the Local Government Boundary Commission?

Boundary Commissions, whether local or parliamentary, are independent bodies. Their prime responsibility is to propose changes to electoral boundaries of wards or constituencies to take account of population changes. The principle they follow is that electorates should be roughly similar in size, so that everybody's vote counts the same.

They are also supposed to take account of community identities and feelings. There is an obvious tension here. Natural community boundaries don't divide the population up neatly into numerically identical units. Commissions generally give greater weight to the need to equalise electorates, and treat community identity as a secondary factor.

In AVDC elections, Watermead is in a ward with the Elmhurst area of Aylesbury. Now however, the Local Government Boundary Commission has proposed linking Watermead instead with Weedon.

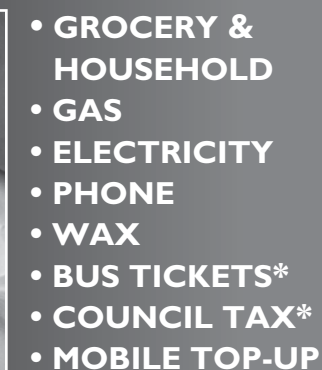
I am willing to make representations to the Commission if constituents in Watermead object strongly to this recommendation. What is important to remember is that changing one part of the Commission's proposals has a knock-on effect to other parts of their plan. So if Watermead wants to object, it needs to have a coherent counter-proposal to offer.

Rt Hon David Lidington MP for Aylesbury

*Your local
convenient shop...*

FREE home delivery and alcohol delivery at no extra cost!

Come to WM News for great offers.
Buy one, get one *FREE* on many items.



* Subject to local availability

Photocopying and fax services available
Hot drinks • Sandwiches
Sangsters pies and pasties


**INSTORE
BAKERY**
Freshly baked items
daily. Pain au chocolat,
butter croissants, etc

**FREE CASH
MACHINE
NOW IN
STORE**

Open 7 days a week 6.30am – 8.30pm. Watermead Village Piazza Tel: 338435

We want you to know how much we appreciate you. You have been loyal and dependable customers. Thank you for believing in us.





WINNIE'S DELIGHTS' CUPCAKES

Cupcakes made to order
Cupcake parties available

Penny Fletcher
01296 424533
07899 837784

penfletch@hotmail.co.uk
facebook.com/winniesdelights2013

Holiday Apartment to let



Running and biking area!

Los Collados, Aguilas Spain

- 2 Bedrooms- sleeps 4
- Fully air conditioned
- Modern equipped kitchen
- Satellite TV/DVD player
- Balcony overlooking pool

5min. Drive to beautiful historic fishing town of Aguilas and many unspoilt beaches close by.

Enda1414@hotmail.co.uk
Tel : 07894351616
Please contact me for further details

Congratulations to Maria Schembri who is now the new proprietor of Avanti Salon Ltd in the Piazza



Maria Schembri is the new proprietor of Avanti Salon Ltd in the Piazza. Maria has lived with her family in Watermead since 1994 and started working for Anna Lewis at Avanti Hairdressing in 1994, having gained experience in creative hairdressing working at Tramps in Bedgrove, Andréa & Achille in Aylesbury, Bicester and Oxford and then Silver Scissors of Leighton Buzzard. Since joining Avanti she hasn't looked back and has steadily developed her talents and loyal band of clients having managed the salon for many years.

Maria said: "For me this is a dream come true. The culmination of a huge amount of dedicated hard work, over many years. I have a great team at Avanti Hair Company many of whom have worked here for many years. We are all determined to provide real quality and style to all of our clients. We appreciate their business and aim to make sure they are pleased with the results achieved. We understand that everyone is different and wants a style that reflects their own personality, if clients feel another stylist would suit them better don't feel awkward about telling us, we understand. We very much hope to see existing and new clients in our 'new look' salon. **Come in and pick a promotion – choose an offer to suit you. It's all about choice and quality. For me, perfection and total satisfaction is the only acceptable service standard. If we fall short I would like you to tell me so that I can solve the problem.**"



receive a complimentary wet shave or beard trim. There's nothing more relaxing than a head massage and hot towel and shave treatment. If you haven't experienced it, go to Avanti Hair Company and try it yourself.

Emma lives in Whitchurch and apart from styling hair enjoys Pilates when her two year old daughter gives her the time. She loves Watermead and is very happy working in the comfortable and stylish atmosphere of Avanti Hair Company.

The team is completed by Caroline who has worked with Maria for many years and Jade who works on Saturday.



PROFESSIONAL MORTGAGE SERVICES

Independent Mortgage and Protection Specialists

- Specialist 'Fee Free' local advice service.
- We offer mortgages from the 'whole market' giving you the confidence and peace of mind that you have the right mortgage and protection for your circumstances.
- Specialists in Re-mortgages, Buy to Let, First Time Buyers, Secured Loans, Life cover, Critical Illness and Income Protection.
- PMS is regulated by the Financial Conduct Authority - FCA Number 300919.

Call us for a no obligation discussion to see if we can help you now or in the future.

Russell Coneron DipPFS
Consultant

07976 513347

russell.coneron@btinternet.com

55 Kestrel Way, Aylesbury HP19 0GH

Your home may be repossessed if you do not keep up repayments on your mortgage.



**EVERY CRISIS IS PERSONAL
EVERY ONE OF YOU CAN HELP**



**RED CROSS WEEK 2014
4 to 10 MAY**

Help support our annual fundraising week this May and you can make a real difference to the lives of vulnerable people in your local community.

Hold a Caring Cuppa with friends, organise a house to house collection in your road, have a bake sale at home or in your office, there are so many ways in which you can help us to be there for people in Buckinghamshire.

Sign up www.redcross.org.uk/redcrossweek

Contact Sharon Cooper ♦ 01296 739309 ♦ scooper@redcross.org.uk

MYLES GREEN

WATERMEAD RESIDENT



**EXTERIOR & INTERIOR
PAINTER AND DECORATOR**

FREE ESTIMATES

**30 YEARS EXPERIENCE
NO VAT**

CALL 01296 330539 MOB 07976 257323

AYLESBURY CHURCH OF CHRIST

The small hall in the
Buckingham Park Community Centre,
Jubilee Square.

FAMILY SERVICE

Join us for services that are especially
for the children on:

Sunday 2nd March at 11.00am

Sunday 6th April at 11.00am

Sunday 4th May at 11.00am

And stay and enjoy a fellowship lunch
with us afterwards.

MORNING WORSHIP & COMMUNION

(not on family service days)

Sundays at 11.00am.

Bible Club for children aged 5 and over at 10.15am

BIBLE DISCUSSION

Informal, mid-week in homes in Aylesbury.

Contact: 670568 or via our website:
www.aylesburychurchofchrist.org



Celebration Party Foods

Weddings • Birthday Parties • Christenings • Anniversaries
• Office Meetings/Conferences • Funerals

Celebration Party Foods offer both classic and
tailor-made foods for your special occasion.

We can cater for all sorts of venues including:
local halls, your home, marquees, business premises
and anywhere that's suitable for you. We also have
licensed bar facilities.

And for that certain special little someone in your life we
can also take away the stress of supplying all types of
foods for children's parties.

01296 434973 / 07774 043324
enquiries@celebrationpartyfoods.com

Do you want to hold a Fish and Chip Supper to help spinal cord injured people rebuild lives after injury?

**Great British Fish and Chip Supper –
Friday 16th May 2014**

Want to eat Fish and Chips, while raising
money for charity? Hold a Fish and Chip
Supper on Friday 16th May 2014 whilst
raising awareness of spinal cord injury and
supporting SIA's vital services.

You can hold a Fish and Chip Supper in your
own home, at work or hold a larger supper
at your local community centre.

SIA will provide a fundraising pack
containing hints and tips, recipes,
invitations and donation envelopes. By
inviting 8 friends and asking them to
donate an additional £5 means you will
raise at least £40 from your supper but
we will also give you additional fundraising
ideas to raise even more money for SIA.

In 2014, SIA is celebrating its 40th
anniversary and so we want to make the
batter matter and raise £25,000 from
everyone holding suppers. Last year we
raised £12,500.

The money raised will help the Spinal
Injuries Association offer support to
individuals who become paralysed and their
families, from the moment a spinal injury
occurs and for the rest of their lives by
providing services and publications which
enable and encourage paralysed people to
rebuild lives after spinal cord injury.

Every year in the UK over 1,000 people
experience a spinal cord injury and there
are an estimated 40,000 spinal cord injured
people in the UK alone.

Community Fundraising Manager, Elizabeth
Wright, says, "The Fish and Chip Supper
is a wonderful opportunity for a great
evening with friends and family. We are also
encouraging people to hold a Fish and Chip
Lunch in their work places to raise even
more funds. You may be a local community
wanting to run a fun evening with your
group.

For more information or request a
fundraising pack call Elizabeth Wright on
0845 071 4350 or email [fundraising@
siafishandchips.co.uk](mailto:fundraising@siafishandchips.co.uk)

Update on street lighting

We are pleased to confirm that
Buckinghamshire County Council (BCC)
have now replaced all the damaged street
lights that had been removed. Any existing
columns have now been removed and
land repaired where those columns used
to stand. The electricity supply has been
transferred to the new posts.

Completion of these works was carried out
in January 2014. We are now in talks with
BCC again to establish when the next stage
of the works, including lamppost testing,
shall commence.



AVANTI SALON LTD.
Book Now: 01296 488138

25% OFF
ALL HAIR COLOURINGS

WWW.AVANTI-SALON.CO.UK

| WATERMEAD VILLAGE PIAZZA | AYLESBURY | BUCKS | HP19 0FX |

WHEN BOOKED WITH A CUT AND STYLE OR STYLE. REMEMBER TO MENTION THIS OFFER WHEN BOOKING.
PLEASE BRING THIS ADVERT WITH YOU. ONLY ONE OFFER MAY BE USED IN ANY ONE APPOINTMENT.

Advertise in the *Village View*



50% discount for Watermead residents

Read by over 1,200 homes

PUBLICATION DATES
2014/15

SUMMER
7TH JUNE

AUTUMN
6TH SEPTEMBER

WINTER
6TH DECEMBER

SPRING
7TH MARCH

Resident Rates – 1/4 page – £25 1/2 page – £50 full page – £100
Non-resident Rates – 1/4 page – £50 1/2 page – £100 full page – £200
 Colour is **extra** – £30 – 1/4 £60 – 1/2 £120 – full page. Please ask for more details.
Special prices apply for back, inside front and inside back cover.
Please call the Advertising Manager for further details.

The Team:

Advertising Manager	David Niman	Tel: 483393	david.niman@gmail.com
Editor	Mary Singleton	Tel: 428569	mary.singleton@watermead-pc.gov.uk
Assistant Editor	Paul Wilson	Tel: 488066	pwilsonofc@bopenworld.com
Graphic Designer	Rachel Seago	Tel: 712545	rachelseago@sky.com
Distribution Manager	Dot Toler	Tel: 432405	dot_toler@hotmail.com

10% discount for resident advertisers committing to a specific series of 4 issues. 20% discount for non-resident advertisers committing to a specific series of 4 issues. Creating or modifying the adverts will also be charged for separately. Please arrange advertisements at least 4 weeks prior to publication date and send to the Advertising Manager (see above). Publication dates are subject to change depending on local events at time of publication.

If you have any suggestions for content/articles please contact any member of the team above.

Ever wondered how to make the perfect cupcake?



clients to come up with the perfect design. She then combines her amazing talent for baking with the finest quality ingredients to deliver exquisite cakes which taste as good as they look.

More recently Nichola has extended her business and she now shares her expertise with others who have discovered the joy of baking through a series of cupcake parties and classes. These **classes are designed for a maximum of 12 people and allow students to learn the techniques involved to craft sensational looking cupcakes** in a range of designs. Nichola also hosts parties for children and can also cater for one-to-one classes as well as hen night parties.

Classes commenced at The Watermead in February. Based in Aylesbury Nichola covers the whole of Buckinghamshire. For further details please contact Nichola at Little Sunshine Cakes on: 07530 211708 or little-sunshine-cakes@hotmail.co.uk www.facebook.com 'Little Sunshine Cakes.' You can also follow her on Twitter at #LilSunshineCakes.



In early 2013, Aylesbury-based mum of two, Nichola Larkins, was searching for something which would allow her to combine the two things she loves most in life - her two young boys and baking. Little Sunshine Cakes was established shortly after.

Little Sunshine Cakes produces a fantastic range of bespoke, special occasion cakes.

Whether you are looking for a giant cupcake for a girlie party or a selection of individually themed cupcakes, a character birthday cake for a budding footballer, a delicate christening cake or an intricate wedding cake for your all important day, Nichola works closely with her

Report from Netta Glover

Pop-up Job Club

Tailored support is available from experienced advisers who will be on hand to help with:

- Access to job searches and apprenticeship opportunities and viewing available jobs and immediate vacancies.
- Finding out about free coaching sessions.
- On-site interview advice and techniques.
- Talking to local training providers and signing up for training courses.
- Careers advice and guidance and help with CV writing and application forms.
- Finding out about local volunteering opportunities.
- Getting finance advice and help with benefits.
- Advice and guidance for young people from Connexions advisers.

Find out more about the Local Partnership Board and its work at:
www.buckinghamshirepartnership.gov.uk/children-and-young-peoples-partnership/about-the-partnership/local-partnership-boards.

Internet link to energy from waste

This link has been updated - it's worth keeping an eye on: www.fccenvironment.co.uk/buckinghamshire-efw.html.

Stay on top of your health

With the day-to-day demands and pressures of a busy life, it's easy to take your health for granted and that's why GP surgeries across

Buckinghamshire are inviting people aged between 40 and 74, who do not have known heart disease or a related condition such as diabetes, to come in for an NHS health check. The County Council is campaigning to make sure everyone between 40 and 74 who has not already been diagnosed with one of the long-term conditions books in for a health check when they receive the invite from their GP surgery: "It's such a quick and simple process to have the health check. The check itself takes just 20 minutes and might save your life or at the very least prevent you from developing an unpleasant condition!"

Highways

In the recent spell of unprecedented heavy rains Transport for Bucks have dealt with 244 fallen trees and visited 272 flood sites and are focussing on fixing potholes, which have increased following the heavy rain and flooding. The repair of potholes will continue as fast as the team can work.

Bucks 50 Plus Forum, Older People's Conference

Routes to information - the 'What, When, Where, Who, Why and How'. 26th March 2014, 9.30am - 2.00pm, The Oculus, The Gatehouse, Gatehouse Road, Aylesbury HP19 8FF.

New legislation, welfare benefits reform and cuts to local authority budgets mean that support for older people is going through a

period of great change. Timely access to good information is vital to ensuring that older people can adapt to changes, make informed decisions and empower their choices. Come and find out about the 'What, When, Where, Who, Why and How' on the routes to information for the over 50s.

The Bucks 50 Plus Forum Conference for 2014 is for individual older people and members of Older People's Groups across the county. The aim of the conference is to provide delegates with tools to access appropriate information better and then share what they have learnt with their own groups and networks. This is a FREE event and includes lunch. Places are limited to 120 delegates so book early to ensure you or your group don't miss out. For more information and to register your place contact Debi Game: debi@suco.org.uk or call 0300 777 2711.

The conference is funded by Buckinghamshire County Council and supported by Age UK



Buckinghamshire, Aylesbury Vale District Council, Bucks Service User and Carer Organisation (SUCO) and Wycombe District Council.

Cllr Netta Glover (AVDC)

Water, water everywhere...

The wet weather has brought some unusual visitors to Watermead. The group of Snipe in the photo below were spotted by Su and Paul Wilson on the field behind Mallard Close back in December. According to the RSPB Complete Book of British Birds, they love flooded grassland where worms have been forced to the surface and where the ground is soft and there's plenty of vegetation to provide camouflage. It's not surprising, then, that they decided to visit since there's been plenty of standing water in that area for several months.



January 2014 was the wettest on record - southeast and central southern England has received more than twice its average rainfall with 175.2 mm of rain from 1 - 28 January. This beats the previous record of 158.2 mm set in January 1988. Nice weather for ducks! (Source: Met Office)

January 2003

Watermead and Weedon WI

The ladies of WWWI enjoyed their Christmas meal at the Aeglesburgh. They celebrated again with a social evening to welcome in the New Year – dunks, dips and drinks, and also to welcome prospective new members. Apart from the social aspect the WI offers the following:

Craft has always been treasured within the WI. The making of a crafted artefact tells and records stories protecting heritage and traditional skills. Making can have a positive impact on our lives. It can create space to socialise and allow for the learning of new skills and sharing of ideas. Craft brings together communities, generations and cultures. It can also be the perfect medium to discuss issues that affect women.

Arts, Sports, Leisure and Science - from competitions, astronomy, earthquakes, writing, photography and drama to walking, dancing and circus skills; the WI has something for everybody!

Floral Art and Gardening - The WI offers a wide variety of opportunities for members to develop their floral art skills whether you are interested in learning how to create a beautiful flower arrangement for the home, or as a gift, to the more advanced and technical such as becoming an NFWI Floral Art Judge.

The 2013 WI Garden Project received 23 applications covering a wide range of activities including working with children in schools, allotments and growing food as well as growing to encourage wildlife.

WI Life Magazine is especially for WI members and delivered directly to their doors eight times a year. The magazine features articles and news stories showcasing the diversity and wide-ranging interests of WI members from all walks of life.

Denman College - Denman in Oxfordshire is the home of WI learning and hundreds of different craft, cookery and lifestyle courses are run to appeal to everyone - members and non-members alike.

The WI Cookery School is also based on the grounds of Denman and boasts a vast range of different cookery courses to attract the most experienced through to novice home cooks.

Food and Cooking - The WI is synonymous with good food and its preparation and these traditions of healthy well-made food and preserves continue in a wide range of activities.

Menu of the Week - the WI's meal ideas use fresh seasonal British produce. Recipes on the WI website include new contemporary dishes as well as family favourites making use of the WI's huge wealth of food talents gained over nearly 100 years. Some recipes are quickly made whereas others will take a bit more time and skill. Some of these recipes use left-over vegetables and other foods in your fridge and cupboard, but there are other great ideas in the recipe pages which will provide inspiration for everyday meals. For even more ideas on how to make meals from left overs, see www.lovefoodhatewaste.com See more at: www.thewi.org.uk

Watermead & Weedon WI hold regular meetings on the first Thursday in the month, from 7.30 to 9.30 pm, in the Village Hall, The Piazza, Watermead. We welcome any ladies who are new to Watermead, Weedon and Buckingham Park or any women who would just like to see what we are all about. For further information please contact Carol Hiett – details under 'Whats On' on page 17.

Dementia friendly communities

The WI has a long history of campaigning on a wide range of issues that matter to women and their communities.

In March 2012 the Prime Minister set out his challenge on dementia and commitment to deliver improvements in care and research by 2015. Dedicated championship groups have been created to help address the challenge.

The National Federation of the WI (NFWI) has signed up to be part of the Prime Minister's challenge and Ruth Bond, NFWI Chair, has joined a Dementia Friendly Communities Group, chaired by Alzheimer's Society, Chief Executive, Jeremy Hughes and Angela Rippon. The Dementia Friendly Communities Champion Group has been tasked with finding out what can be done to make our communities more dementia friendly. The group includes representatives from major retailers, utility companies, local government and charities as well as people who are caring for loved ones affected by dementia. It will look at how to make 20 cities, towns and villages dementia friendly by 2015.

What is a dementia friendly community?
Dementia friendly communities are ones where dementia is understood, recognised and accommodated in everyday life, giving people with dementia as much independence and dignity as possible whilst supporting them and their carers.



Dementia Friends (www.dementiafriends.org.uk)
People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. As part of our commitment to help build dementia friendly communities, the NFWI is backing the Dementia Friends initiative. We're helping to create a network of a million dementia friends by 2015 to build public awareness of dementia and the small things that people can do that can make a difference to people living with dementia.

Dementia facts

- Dementia is caused by brain diseases; there are many types of dementia, the most common are Alzheimer's Disease and Vascular Dementia. As the brain shuts down, a person gradually loses the ability to do the things we take for granted, from enjoying conversations with family or friends to eating or dressing without help.
- One in three people over 65 develop dementia.
- There are currently 800,000 people with dementia in the UK.
- In 2012, the financial cost of dementia to the UK was expected to be £23 billion.

For more information contact either the Alzheimer's Society, Department of Health or Age UK.

See more at: www.thewi.org.uk/campaigns/current-campaigns-and-initiatives/dementia-friendly-communities#sthash.8SotQ2Yr.dpuf or www.thewi.org.uk/wie-and-wi-life#sthash.RRyTolOb.dpuf

What's On

March 6th Watermead & Weedon WI 13th Little Sunshine Cakes Adults Cupcake Decorating 20th Watermead Parish Council Meeting 22nd Little Sunshine Cakes Childrens Cupcake Decorating 30th Mothers Day	Village Hall 7pm Village Hall 7.30pm Village Hall 7.30pm Village Hall 10am	21st Easter Monday 24th Little Sunshine Cakes Adults Cupcake Decorating	Village Hall 7:30pm
April 2nd Little Sunshine Cakes Adults Cupcake Decorating 3rd Watermead & Weedon WI 17th Watermead Parish Council Meeting 19th Little Sunshine Cakes Childrens Cupcake Decorating 18th Good Friday	Village Hall 7:30pm Village Hall 7pm Village Hall 7:30pm Village Hall 10am	May 1st Watermead & Weedon WI 7th Little Sunshine Cakes Adults Cupcake Decorating 15th Watermead Annual Parish Meeting 15th Watermead Annual Parish Council Meeting 16th Great British Fish and Chip Supper 17th Little Sunshine Cakes Childrens Cupcake Decorating 21st Little Sunshine Cakes Adults Cupcake Decorating	The Village Hall 7pm Village Hall 7:30pm Village Hall 7:30pm Village Hall 8pm Village Hall 10am Village Hall 7:30pm

Watermead Village Hall

PARISH COUNCIL 3rd Thursday of the month Public meeting - 7.30pm Council meeting - 8.00pm	SCRAPBOOKING/CARD MAKING ANY CRAFT OF YOUR CHOICE CRAFTY CHICKS 4th Friday of the month from 6.30pm Contact Daphne 393131	AYLESBURY & DISTRICT PHILATELIC SOCIETY Second Wednesday of the month 7.30 - 10.00pm Peter Barnes 612913	WATERMEAD & WEEDON WOMEN'S INSTITUTE First Thursday of the month 7.30 - 9.30pm Carol Hiett 485385	DRAWING FOR FUN – ART CLASSES Every Wednesday 2.30-5.30pm Avril Nurse 580495
CYGNETS PRE-SCHOOL Monday - Friday 9.15 - 12.15pm Lunch Club Monday, Wednesday-Friday 12.15pm-1.15pm Maree Van Danzig maree-cygnets@hotmail.co.uk 07563 783464	KUMON MATHS Monday & Thursday 2.30 - 6pm Susan Jones 747469	NEIGHBOURHOOD POLICING ACTION GROUP 3rd Thursday on selected months.	JO JINGLES Tuesdays Music & Movement 1.30 - 2.15pm 18 months upwards 2.30 - 3.05pm 6 months to walking (approx 18 months) Debbie Bird 625599	CASTIELLI DANCE SCHOOL (for children) Monday 6 - 7.30pm Janet Castielli 433956 www.luv2dance.co.uk
	YOGA Tuesdays 6.00 - 7.00pm 7.15 - 8.15pm Gale Smith 747900			

BERRYFIELDS COMMUNITY CENTRE

TINY ACORNS Mondays 9:30am-1pm info@tinyacorns.co.uk	'STAY & PLAY' - QUARRENDON CHILDREN'S CENTRE Tuesdays & Wednesdays 1pm Advice/information for U5's Helen or Kate 331495 or just pop along on the day	1ST BERRYFIELDS SCOUTS Tuesdays 6 - 7.30pm David 07581 190730	BERRYFIELDS PARENT AND TODDLER GROUP Thursdays 10-11.30am Drop in session	KASO DANCE STUDIOS Saturdays YOUNG BALLET 9.30-10.15am DANCE BLITZ 10.15-11am & 11am-12pm Street, Jazz, Disco, Breakdance, Salsa, Jive, etc. DANCE ARC 12-1pm Kate 07985 048880
YOGA Mondays 6pm Tuesdays 9am Fridays 9am Julie Ayres 320688 / 07857216641	TWAKONDO Tuesday 4-5.45pm Adrian London 07979 524923	KASO DANCE STUDIOS Wednesdays BALLET FOR ADULTS 6.30-7.30pm ZUMBA 7.30-8.30pm Kate 07985 048880	CALVARY PARISH Fridays 8.30pm Sunday 10.00am-12.30pm The Redeemed Christian Church of God	

Watermead Village Hall is the ideal venue for young children's birthday parties, meetings or christenings, etc. If you are an organisation looking for a regular venue, the Village Hall or the Bandstand could be the perfect place. Please contact Noreen Shardlow on 01296 395211 / 07739 755411

Goodbye to our Assistant Editor Heather Wallace!

After several years contributing to the success of our quarterly village magazine, Village View, Heather has moved away from Watermead. She is continuing in the short term to provide us with delicious recipes and to devise our quiz; she will also help with proofreading. However, we are looking for an additional Editorial Assistant (see advert to the left) to take over from her.

We would like to take this opportunity to thank Heather for all the great ideas she has put forward, for the time she has devoted to attending meetings, proofreading and finding contributors for the magazine. Apart from Village View Heather also volunteered to help with village events such as the Carol Concert and Larks by the Lake. We would also like to wish her happiness in her new home.

Vacancy for Editorial Assistant

Would you like to join our vibrant team of volunteers in the production of our award winning village newsletter, Village View? This would be a great way for a budding young journalist to gain experience in the industry; it would be equally rewarding for any member of the community to become involved as a volunteer with the communication with residents of what is going on in our village.

We are looking for someone who is creative and who has a keen eye for detail; they will also have a good command of the English language especially spelling and grammar. Good photographic skills would also be an advantage.

To apply for this position please write to our Parish Clerk, Noreen Shardlow at noreen.shardlow@watermead-pc.gov.uk

Going into 2014 with the Watermead Garden Society

Watching the rain on a grey Monday afternoon in January and I'm wondering when the next window of sunshine is going to break through so I can go and see how wet the allotments are. There is only so much you can get done when the ground is so sodden. There is the usual planning of what we are going to grow, what veg goes where and starting to sow a few seeds. The more organized allotmenters did their ground work last autumn, the less organized haven't. Guess which group I fall into?

We have also been organizing a Plant Sale for Saturday 7th June, 10am to 1pm on the Balloon Meadow. This is to raise funds for ourselves as we need a notice board so that we can communicate with each other without relying on computers - some of us want to get away from staring at a screen! We also want to improve the tracks between the allotments as they tend to get churned up in the wet weather - a wheel barrow full of manure doesn't help!

It's not a totally selfish act on behalf of the Watermead Garden Society; we will be splitting the proceeds with the local charity Youth Concern Aylesbury. It supports vulnerable young people aged 13-25. They have a drop in centre in Whitehill Lane which is a safe place for young people to meet for guidance. Take a look at their website to find out what they are all about: www.youthconcern.org.uk.

We intend to sell young plants, vegetables and flowering plants, homemade cakes, any excess produce (if there are any) from the allotments; we will also have a tombola. If you are arty or crafty or sell garden related items and would like to hire a table for a small donation we would love to hear from you. Drop me a line at tanyawheatcroft@gmail.com. We will give more details closer to the time on the Watermead website and on posters around the village.

On Sunday 14th September we have booked the Village hall for a produce show, from 1pm to 4pm. So far the categories we have decided on are the five straightest runner beans, and the strangest shaped vegetable but there will be more! This will be open to everyone that lives on Watermead or has an allotment. There will also be the tallest Sunflower growing competition - we will send judges to measure your Sunflowers during August. Wouldn't it be wonderful to see hundreds of sunflowers bobbing their heads all around the village? They are very easy to grow; buy some giant Sunflower seeds that you can find at any supermarket. Next year you can use the seeds from the flowers you grow this year.

If you would like to get involved or you are interested in an allotment contact me on tanyawheatcroft@gmail.com.

Florence Nightingale Hospice charity announce fifth Midnight Walk – with a special anniversary twist!

For the fifth year running and in celebration of the 25th anniversary of the Florence Nightingale Hospice, Florence Nightingale Hospice Charity (FNHC) will once again be hosting the ever-popular ladies' Gemstone Midnight Walk, taking place on Saturday 12th July and this year there's a very special silver twist!

To celebrate 25 years' of local Hospice care, FNHC is thrilled to reveal that 25 silver ballot places will be up for grabs for male participants, who perhaps want to support their partner in the six or 13 mile walking challenge, simply want to come along and join in the fun or walk in memory of a loved one.

Over the last few months, the Charity has been encouraging ladies taking part to nominate a friend, husband or family member to walk alongside the 700+ women who are expected to participate on the night. 25 men will be selected after the closing entry deadline of Friday 25th April (to allow for 10 weeks of training). Along with the nomination, the nominee had to write 25 words to explain why their male walking buddy should be chosen for one of the special silver ballot places.

If you are lucky enough to secure one of the ballot places, don't forget to start asking your

friends and family for sponsorship as a minimum of £250 is needed to secure entry. Florence Nightingale Hospice Charity is hoping to reach a total target of £6,250 from these 25 limited places.

The popular night-time walking challenge, (which has also seen walkers from Watermead taking on the challenge, including a team from the Watermead Dental Practice and Aeglesburgh Watermead Inn in 2013) is the charity's biggest fundraiser of the year, and has so far raised over £250,000 for the Hospice. It is hoped that this year's walk will tip that figure over the £300,000 mark!

The event will once again be supported by local radio station Mix96 and bubbly breakfast presenter Katy Butler will be hosting the event. Entertainment and the much-anticipated high-energy warm-up will be provided by local lady Joanna Beardsmore-Dilks of Rosemary Conley Diet and Fitness, who has supported the event since it started in 2010 along with many of her club members.

As usual, ladies (and men!) have the option of walking six or 13 miles, starting from Aylesbury College, with the longer route taking in Stoke Mandeville and passing the Florence Nightingale Hospice itself.

Registration for the event costs just £15 and includes a training plan, t-shirt, medal and a well-deserved breakfast on completion of the walk. For more information on how you can enter plus a gallery of pictures (and video) from previous events, visit www.gemstonewalk.co.uk.

Why Walk?

The Florence Nightingale Hospice Charity (FNHC) needs to raise over £600,000 this year to keep essential in-patient and at-home services running for local families affected by life-limiting illness across Aylesbury Vale and surrounding area. These include a 12 bedded Inpatient Unit, Day Hospice, Lymphoedema Clinic, Florrie's Children's Hospice at Home team and the Nightingale 24/7 Care Team.

Please show your support in the 25th anniversary year of the Florence Nightingale Hospice and join this very special night.

**For more information: www.fnhospice.org.uk. www.gemstonewalk.co.uk
Facebook: [#florencenightingalehospice](https://www.facebook.com/florencenightingalehospice)
Twitter: [@fnhospice](https://twitter.com/fnhospice)**



© Ian Parry Photography





Mix 96 Street of the Week - Ayleswater

Every Tuesday, Darren and Katy from the Breakfast Show visit a street somewhere in Buckinghamshire. They pop into local businesses, chatting to residents and asking about the big issues on their street.

On Tuesday 4th February 2014 Darren and Katy took a trip to Watermead, Ayleswater and The Piazza to be precise.

Darren and Katy met with resident, local business woman and Watermead Parish Councillor Helen Cook to discuss why she loves Watermead and her fears for the potential development to the land between Watermead and Bierton.

Darren and Katy also met with local business director of Avanti, Maria Schembri and leader of the Watermead Cygnets Pre-School Maree Van Dan Zig and all the children.

To see Mix 96 images www.mix96.co.uk/gallery/-/street-of-the-week-ayleswater-road/



Race for life

Relay for Life is a fantastic family/community event which raises vital funds for Cancer Research UK. It is now in its 6th year in Aylesbury and last year raised over £76,000 which helps ensure that Cancer Research UK continues its work to improve diagnosis, treatments and outcomes for cancer patients.

Relay for Life is a team event whereby teams of friends, family and colleagues come together and fundraise in the months leading up to the Relay weekend. This year, **Relay for Life Aylesbury will take place at the newly renovated Aylesbury Rugby Club in Weston Turville from midday Saturday 5th July to midday Sunday 6th July.** Teams come together for the 24-hour walking event, walking right through the night "because cancer never sleeps, so neither do we". As darkness falls on the Saturday night there is a very moving Candle of Hope ceremony where we take the time to celebrate the successes of those fighting the disease and remembering those we have loved and lost. The candles then light our path through the night until dawn rises.

The Relayers are entertained over the weekend with a vibrant mix of stalls, live bands, competitions and fancy dress laps which creates that carnival atmosphere which helps to make it such a special and memorable event.

Planning is underway for our 2014 event and our teams are already putting their thoughts to how they can raise more money than ever before. **So why not be part of this brilliant community event and check out our website www.relayforlifeaylesbury.org which shows you how you can get involved or text the Relay Mobile on 07851 719297, or call 01844 290362** and we will call you to talk to you about Relay for Life. Come and share this great experience with your friends and family as well as raising money for such a valuable charity.... Together we can beat cancer.



'Eat the World' in celebration of the Winter Olympics we are visiting Russia

BITOCHKI

Ingredients:
1 lb minced beef or lamb
(or turkey mince for a healthier option)
8 tbsp butter
(or use a spread to reduce cost and calories)
1/8 tsp nutmeg
salt and pepper
1 cup (250ml / 8fl oz) breadcrumbs
(in other words enough to coat the patties)
1/4 cup (60ml / 2fl oz) finely chopped onion
(about 1/2 an onion)
1/2 tsp flour
1/8 cup (30ml / 1fl oz) dry white wine
1/2 cup (120ml / 4fl oz) sour cream
1/4 cup (60ml / 2fl oz) double cream
(or use crème fraiche for a healthier option)

Method:

1. Add nutmeg, salt, pepper and 6 tablespoon of butter (or spread) to meat and mix.
2. Roll into 8 balls. Coat with breadcrumbs. Flatten into hamburger shape. Score tops of patties in a crisscross.
3. Brown patties in remaining 2 tablespoons of butter. Transfer to warm platter.
4. Brown the onion in pan. Sprinkle in the flour. Add wine. When it boils, stir in sour cream. Add salt and pepper. Take off the heat and stir for one minute.
5. Add double cream cream (or crème fraiche). Return to heat and just bring to a boil. Spoon over patties.

BEEF STROGANOV WITH MUSTARD

Ingredients:
2 lbs tender beef
allspice
1/4 lb butter
salt
2 glasses bouillon
2 tbsp flour
2 tbsp sour cream
1 tsp mustard

Method:

1. Two hours before service, cut a tender piece of raw beef into small cubes and sprinkle with salt and some allspice.
2. Before dinner, mix together 1oz butter and 1 spoon flour, fry lightly and dilute with the bouillon, mustard and a little pepper. Mix, bring to a boil, and strain.
3. Add 2 tablespoons fresh sour cream before serving. Then fry the beef in butter, add it to the sauce, bring to the boil and serve.

GOGOL-MOGOL

We made it ourselves and treated like a real dainty when were small kids. Someone told me that this dish is called "Poor student" because of the small number of ingredients required.

Ingredients:

7 oz (200 g) sugar
3 medium eggs
10 oz (300g) butter
16 oz (450 g) flour
1/2 tsp of baking soda

Method:

1. Mix all the ingredients and use flour to make a soft consistency.
2. Take a non-stick tin and put the dough in it. Smooth it over and then put into the hot oven for 25-30 minutes.
3. When the cake is ready, you can put jams, jelly, whipped cream, or ice cream all over the top.

MEMORIES FROM WORLD WAR I

In this centenary year we would like to hear from anyone who has any interesting information about their family in the First World War with pictures if possible. Did your father, grandfather or great grandfather fight in the trenches? What part did your mother, grandmother or great grandmother play? We would like any snippets of information to make up a collage for our next issue. You can send written material to the Editor at mary.singleton@watermead-pc.gov.uk or call her on 428569.

VOLKSWAGEN
 AUDI
 SEAT
 SKODA

TECH

- Your local independent Specialist Garage located within the Aylesbury area
- Save up to **50%** on your Main Dealer prices
- Audi qualified and licensed technicians with over 32 years combined experience
- All servicing and mechanical repairs carried out to the highest standard including brakes, clutches, cambelts, etc
- Diagnostic repairs with the latest equipment
- Service your vehicle without invalidating your manufacturers warranty

www.vass-tech.co.uk
T: 01296 641429 E: info@vass-tech.co.uk
5A High Street, Whitchurch, Buckinghamshire, HP224JU







Hampden Veterinary Hospital

Watermead Branch Surgery

10-11 Lakeside, Watermead, HP19 0FX

RCVS ACCREDITED PRACTICE

30% saving on annual healthcare costs

Free Microchip

Free 4 weeks Pet Insurance



PET CARE PLAN

The most affordable way to keep your pet fit and healthy all year round



Save up to 30%

Sign-up today

10% Discount on All other items

Complete peace of mind

Dog or Cat from only £12.50 pcm

Rabbit only £4.50 pcm

Terms & Conditions Apply

Prevention is better than cure.

Which is why we have developed our range of Pet Care Plans – designed to cover all the regular essentials such as vaccinations, worming and flea treatments, as well as 6-monthly check-ups with your vet. No additional charge for your pet's initial vaccination course. Plus Free Microchipping

Our plan provides complete peace of mind, knowing that your pet is receiving the optimal routine preventative healthcare they need, whilst saving money.

Telephone: 01296 745 373

www.hampdenvets.co.uk smallanimal@hampdenvets.co.uk

Pets' corner

Would you like to show off your pet? Send us a photo (digital please) and tell us a little bit about him/her. Do you have a funny story to tell about an animal? Send it to the Editor.

Vaccinations – Did you know....?

Dogs, cats and rabbits are susceptible to several common and potentially fatal infections that can be avoided by vaccination. The sources of these diseases include other diseased animals, healthy 'carrier' animals and contaminated environments. Vaccination provides an efficient solution to the prevention of diseases that may be acquired from known or unsuspected sources.

Vaccinations make susceptible animals immune and resistant to infectious disease. However, it is doubtful whether any vaccination provides a level of immunity that totally prevents infection following natural exposure. In the vaccinated animal, contact with the infectious agent produces a boost to vaccination-induced immunity resulting in a more effective containment of infection. Although an infection may not be completely prevented, the quantity of infectious agent in vaccinated animals may be much reduced after exposure leading to protection from clinical disease. In addition to preventing disease in individual animals, if enough of a population is protected from infection the agent may be eradicated as it cannot spread in the community (for example canine distemper virus).

Animals are born with antibodies from their mothers; hence vaccinations are usually started when they are 8 to 10 weeks old to coincide with the reduction in these antibodies. Vaccinations are

usually modified live (weakened) or non-living. The latter includes components of organisms, inactivated or genetically-engineered components, chemically-inactivated virus and recombinant proteins.

Cat vaccinations include Feline Calicivirus, Feline Herpesvirus (cat flu), Feline Parvovirus, and Feline Leukaemia Virus. Dog Vaccinations include Canine Distemper Virus, Canine Parvovirus, Canine Adenovirus, Leptospirosis, Canine Parainfluenza and Bordetella bronchiseptica (Kennel Cough). Rabbits are vaccinated against Myxomatosis and Rabbit Haemorrhagic Disease Virus.

Most vaccines for dogs and cats contain living organisms which produces a better quality and quantity of immune response than non-living vaccinations. Vaccine manufacturers often recommend that booster doses of vaccines should be given following a primary course. In most cases this advice is based on their duration of immunity studies showing that animals given a course of vaccinations are protected when challenged 12 months later. Recently, based on persistence of antibody levels following vaccination, it has been suggested that dogs do not require vaccination annually to all canine viruses and a period of three years between some components of dog vaccinations has now been adopted.

This information is given by Richard Rallings at Hampden Veterinary Hospital. For any further information or advice about your pets contact the surgery on 01296 745373 or call in to see them in The Piazza or in Aylesbury.

Date for your diary – 7th or 8th March at The Limelight Theatre, Aylesbury

Watermead resident and 'Dung Beatle' Phil Toler has been looking back over the last twelve months and wondering where they went! Never was such a worn out old cliché "time flies when you're having fun" more true than for The Dung Beatles during the time since they re-launched their 'career' in January last year. In that time the band has performed over thirty gigs, of which a third were for charitable or local good causes.

Things really kicked off last March with a sell out gig at The Limelight Theatre, Queens Park Arts Centre, Aylesbury. Many other highlights followed such as a live broadcast on BBC Three Counties Radio as guests on the Mike Naylor show, an interview and website video with the Bucks Herald, and a sell out gig at The Waterside 'Second Space'. The sheer range of venues proved to be quite mind boggling, from churches (Rebellion Beer and Blues Festival, High Wycombe) to allotments (Elder Stubbs Festival, Oxford)! Charities supported included Arts4Every1, British Heart Foundation, Florence Nightingale Hospice, Royal Brompton and Harefield, Elder Stubbs (Restore) and more.

The band is hoping for another good turn out at their forthcoming gigs at The Limelight Theatre in Aylesbury www.qpc.org/limelight, where they have been asked to perform again on two nights; the 7th and 8th of March, with special guests. Please come and join in the fun!

If you would like to follow The Dung Beatles have a look at their website www.thedungbeatles.co.uk, to see gig dates, music, testimonials and photos. Facebook.com/DungBeatles



Live at Music in the Park, Thame



Rivets Sports and Social Club



BBC Three Counties as guests on The Mike Naylor show

MAK WINES

your local off-licence



We sell many brands cheaper than superstores

Bottles:

Budweiser (330ml)	5 for £5.00
Fosters Ice (330ml)	6 for £5.00
Stella (330ml)	6 for £5.00
Heineken (330ml)	5 for £5.50
Miller Draft (330ml)	5 for £5.00
Becks (330ml)	6 for £5.00
Corona Extra (330ml)	5 for £6.00
WKD Blue/Iron Brew(275ml)	4 for £5.00
Becks	6 for £5.00
WKD Blue/Iron Brew (275ml)	4 for £5.00
Bacardi Breezer (275ml)	4 for £5.00
Peroni (330ml)	5 for £6.00
Vodka Red Square (275ml)	4 for £5.00
Vodka Reef (275ml)	4 for £5.00
Smirnoff Ice (275ml)	4 for £5.00
Polish Beers (500ml)	4 for £5.00

500ml cans:

Kronenbourg 1664	6 for £5.50
Stella	5 for £5.00
Fosters	6 for £5.50
Carling Black Label	6 for £5.50
Holstein Pils	6 for £5.50
Grolsch	6 for £5.50
Fosters Export	6 for £5.50
Red Stripe	5 for £5.00
Old Speckled Hen	4 for £6.00
Boddingtons	5 for £5.00
Budweiser	5 for £5.50
Carlsberg	8 for £6.50
Draught Guinness	5 for £5.50
John Smith's Extra Smooth	5 for £5.00

Wines: Italian Wines (Villa Radiosa), Frascati, Soave, Pinot Grigio, Chardonnay, Valpolicello, Cabernet Veneto, Merlot, Bardilino
Any 2 for £5.00. Echo Falls any 2 for £8.00

MONDAY TO THURSDAY 3PM – 10.30PM FRIDAY 2PM – 11PM
SATURDAY 12 NOON – 11PM SUNDAY 12 NOON – 10.30PM

158 Buckingham Road (Opposite Charles Douglas - the Land Rover showroom) Tel: 436705

Aylesbury North Neighbourhood update

Here is the latest neighbourhood update from your Aylesbury North Team (Elmhurst, Watermead, Buckingham Park, Berryfields and Weedon).

The team consists of Inspector Kelly Glistler, Sergeant David Washington, PC Russ McFarlane, PC Anna Troiano, PC Mandy Cutler, PCSO Lisa Steward, PCSO Danny Fahy, PCSO Dawn Alderson and PCSO David-Lee Harris.

We are in the process of updating our Neighbourhood Policing priorities. These priorities are directed by the concerns of the Aylesbury North residents to ensure that we are tackling issues of relevance. Therefore, we need your thoughts on the issues that are affecting you around your home address. We will be asking Aylesbury North residents to tell us their top three priorities via community alerts, letters to your door or by speaking to you during 'Have Your Say Meetings'.

Good news

OP ARTIC is the operation that we are currently running in Aylesbury focusing on preventing burglaries. This includes high visibility patrols and offering advice and information to residents that may feel that their property could be targeted.

This on-going operation has had a positive impact on burglary reports. We have had fewer offences reported than is typical for this time of year. To continue this positive result you can help prevent future crime by considering some of the following suggestions. Burglars love the opportunity to hide in the shadows!

- Cut back your shrubs and hedges to aid visibility.
- Secure access to the back garden. Are your gates and fences maintained?
- Install a motion activated security light to the front and back of your property.
- Do you have a time switch for your radio and lights?
- Service/maintain your burglar alarm.
- Keep garden tools locked away.
- Ensure sheds and garages are fully secured.
- Make your estate safer by joining Neighbourhood Watch by contacting your Neighbourhood Policing Team. Some insurance companies provide discounts for members of Neighbourhood Watch Schemes!

For further info and advice visit www.thamesvalley.police.uk or follow us on Twitter @ThamesVP.

If you see any suspicious activity in your area, please contact Thames Valley Police on 999. If it is not an emergency, please call 101.

Dog owners

THE LAW IS CHANGING AS FROM THE 6TH APRIL 2016 - YOU MUST HAVE YOUR DOG MICROCHIPPED! Free microchipping is being offered by Dogs Trust.

Dog owners are reminded that they are responsible for their dogs especially when off their leads. Complaints have been received of dogs jumping up at other people causing them upset and sometimes injury.

Have Your Say Meetings

'Have Your Say' Meetings are an opportunity for you, the community, to discuss with police any issues you may have regarding crime prevention advice, anti-social behaviour concerns or if you just want to meet your local police team in your area. No appointment is necessary. Further

meetings will be publicised locally and on the force website at www.thamesvalley.police.uk

The next meeting will be held at the Watermead Village Hall on Wednesday 26th March 2014, 10 - 11 am with PCSO Lisa Steward. If the weather is reasonable some Have Your Say Meetings may take place outside the Village Hall in the shopping area.

Crime Information

You can contact Thames Valley Police to report crimes or for any urgent matters. Alternatively you can visit the force website at www.thamesvalley.police.uk to view information on your neighbourhood.

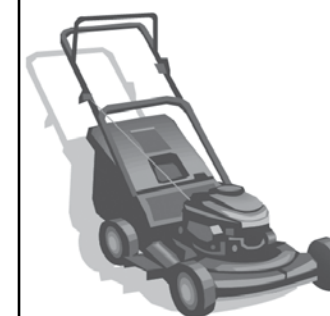
Contact us if you want any advice or would like to contact the Neighbourhood Team. You can call us on the police non-emergency number 101 but if your call is an emergency then dial 999. You can also contact us via email: aylesburynorthNHPT@thamesvalley.pnn.police.uk – please note this email address cannot be used to record crimes or for urgent matters. If you have information about crime or Anti-Social Behaviour in your area but you do not want to speak to the police, please call the Crimestoppers on 0800 555111.

Tea Break Quiz answers from page 05

1. Amelia Earhart, 2. The General Certificate in Secondary Education replaced both the Certificate in Secondary Education and the 'O' levels with the first exams being in 1988, 3. Lassi, 4. Anthony Hope, 5. Smoking ASH = Action on Smoking & Health and FOREST= Freedom Organisation for the Right To Enjoy Smoking Tobacco, 6. Baseball, 7. [a]Mars, [b]Mercury, and [c]Juno, 8. Glass design, 9. Algeria, Chad, Egypt, Niger, Sudan and Tunisia, 10. Austro-Hungary & Serbia, 11. Tommy Atkins was the name used as the example on the army joining forms. 12. Catherine of Aragon, 13. 'Les Miserables' 14. Winchester, 15. Axilla, 16. Five, 17. A small sideboard, 18. Avocado, 19. Hops, 20. The work of animals in war, it is often referred to as the animal Victoria Cross.

Grasscutting Service

Call **Ian Whittome** on:
01296 682361
Or 07885031431



12 Mallard Close
Watermead
HP19 0GJ

WATERMEAD BASED PLUMBING & HEATING SPECIALISTS



A serviced boiler is a safe boiler!

Call Gareth on:
01296 434785

www.gkplumbing.net
@GKPlumbing1



GK Plumbing & Heating...

...are your local plumbing and heating experts with over 20 years experience.



Our team are Gas Safe registered and our services include:

- Boilers installed, repaired & serviced
- Bathroom design & installation
- Central heating & hot water breakdowns
- Cylinders, immersions, tanks & tops
- Leaks & ball valves
- Drains unblocked & repaired
- Annual maintenance contracts
- 24 hours - 7 days - 365 days

£20 OFF THE COST OF YOUR
BOILER SERVICE
WITH THIS ADVERT

Boiler Service includes:

- A Gas Safety & Carbon Monoxide Test
- Gas Safety Certificate/Landlords Safety Certificate

Terms: promotion price after discount is £45 +VAT (standard price £65 +VAT). Offer only valid on production of this advert. This advert cannot be redeemed against any other service offered by GK Plumbing and Heating.



Watermead Cygnets Pre-School

Happy New Year to you all and a big welcome to our new intake of children.

The Festive season seems like such a long time ago but, the Children enjoyed a magical time during the run up to Christmas. Everyone was really excited and the children enjoyed making

Christmas cards, Christmas crackers, tree decorations and Christmas sacks.

The Children all worked especially hard rehearsing for our Christmas performance of 'Whoops A Daisy Angel'. They all performed brilliantly on the day and we were all really proud of them. It was a

wonderful performance and one full of memories to treasure.

The new term started on the 6th January and our learning themes this half term are toys, dinosaurs – learning about their history, names of different types of dinosaurs and how they became extinct, and doing volcano experiments. Another theme is people who help us – we have the local PCSO, fire fighters, nurses and parents (a very important job!) coming to visit our setting and extending the children's knowledge about these jobs and how they help us. The children will also be learning about the Chinese New Year.

Cygnets accepts children from 2½ years to 5 years old. We open from 9.15 am to 12.15 pm Monday to Friday and provide a lunch club most days from 12.15 to 1.15 pm. If you would like your child to attend Cygnets please visit us and ask to be added onto our waiting list. Please note there are limited spaces (even for Watermead children) so to avoid disappointment please call and ask to speak Maree on 07563 783464.

The Cygnets team



Watermead • Dunsham Lane • Town centre

rainbow routes
network

www.rainbowroutes.co.uk

water rider

now
up to every
15
minutes

the smarter way to *town*

water rider 6 gives residents of Watermead a direct high quality service to the station and the town centre up to every 15 minutes, Monday to Friday, and 20 minutes on Saturdays.

Throughout the village of Watermead it's a hail and ride service meaning wherever you are along the route, just signal for the bus and it will pick you up.

water rider 6 also stops directly opposite the train station, so if you are catching the train to work in the morning it makes sense to hop on the bus.



Watermead

- where to get on
- where to get off
- hail & ride
the bus will stop
anywhere it's safe
to do so



Now is a great time to buy, sell or let!

We have people waiting to buy and rent on **Watermead and Buckingham Park** so call us today!



Sales

T: 01296 395 111

"House prices are on the rise!" advises Karen our Senior Branch Manager. "Prices are the strongest they have been since January 2010 & are predicted to keep rising*", so if you want to achieve the best price for your property in a timescale to suit you call Cathy, Kearney, Chris or myself or speak to Alison our Mortgage Consultant to see how the **Help to Buy** scheme could get you moving."



Lettings

T: 01296 337 739

Chloe our Lettings Manager says "The rental market is as fast paced as ever! We have renters ready and waiting to move, so call Ryan or myself as we are currently letting properties faster then

we can take them on and have a large number of applicants looking for their next home."



Connells Aylesbury: 2 Temple Street, Aylesbury, Buckinghamshire. HP20 2RH

If you have instructed another agent, the terms and conditions of those instructions must be considered to avoid a possible liability to pay two commissions in addition to any withdrawal fees or disbursements. Connells Residential is an Appointed Representative of Connells Limited who is authorised and regulated by The Financial Conduct Authority for advising on mortgages and non-investment insurance contracts (most Buy to Let mortgages are not regulated). Registered in England No: 1489613. Registered Office: Cumbria House, 16-20 Hockliffe Street, Leighton Buzzard, Bedfordshire LU7 1GN. A broker fee of up to £550 may be payable on application. Your home may be repossessed if you do not keep up repayments on your mortgage*RICS June 2013 UK residential market survey.